

WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

October 2008

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http://home.teknical.com/bradoldfield

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Thursday, 23rd October 2008
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An opportunity to see the children's work in a fun setting.
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to be cancelled due to bad weather - not this one!
All are welcome

Forthcoming Events: (tickets available from school)
1st October: Games Night and supper 6.30pm
29th November: Christmas Fair 11.00am




In this October edition of the Worth Valley Mag we are delighted to bring you a number of opportunities for savings. [Now that *is* some good news for a change!] You will find generously discounted quality glasses at Cross Roads Optician, a host of excellent value health & beauty offers from Forever Living, The Chill Out Zone, Serenity, and Unique Nails, as well as 10% off the dazzling creations at Passion. And that's not all...Alfie's Restaurant is offering super incentives for getting the Christmas party booked early this year, and The Grouse will offer you a discount if you have over 20 in your party booking. To get your heart beating faster, the new bike and running shop, Boost Active, which opens its doors this month, is giving Worth Valley Mag readers 10% off everything in the shop! (be sure to bring your voucher).

You will discover a new section in the magazine focussing on creating more cash in your pocket...so Clear your Clutter by utilizing our **Worth Listing** page.



October is Breast Cancer Awareness Month. Nel Hargraves, the regional Director of The Pampered Chef, is making special efforts to raise awareness in our area. (See page 15 for more details and how you can get involved too.)

Finally, I would like to wish my co-editor and friend, Karen Davidson the best of luck and success as she moves on to her new business venture, Kindermusik. (You will no doubt be seeing *and hearing* more from Karen in the schools, nurseries and community centres in the region!)

All the best,

Liz



Liz Barker

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Brontë Parsonage
Museum Haworth



Special Offer KIDS GO FREE!

Visit the Brontë Parsonage Museum and take advantage of a special, half-term **KIDS GO FREE** offer. All those under 16 years of age and accompanied by a full paying adult can enter the museum completely free of charge.

Offer valid from 27 October to 2 November (inclusive).

Current special exhibitions:

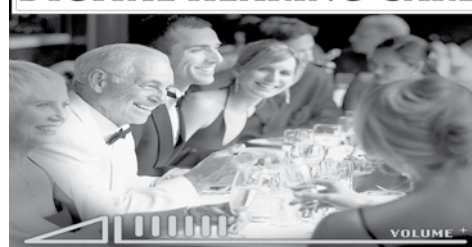
Emily Brontë: No Coward Soul – a chance to see some of the museum's rarest treasures relating to Emily.

My Life Dreams – controversial contemporary art by Swiss artist Annelies Strba (until 31 October).

Enquiries: Brontë Parsonage Museum
01535 642323/ bronte@bronte.org.uk



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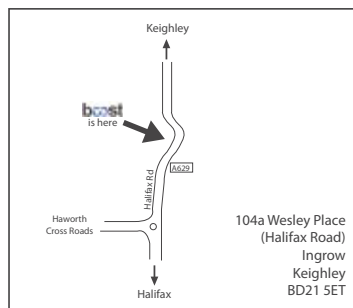
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the art café



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presents:



The Travelling Band

www.thetravellingband.com (A favourite at Glastonbury)

Friday, October 17th, Tickets £10

8pm (food served from 6pm)

"When I judged last year's Emerging Bands Competition I was left in no doubt about the Travelling Band to be the winners. The sounds they generate took me back to my musical roots of Crosby, Stills, Nash and Young. Marvellous music to savour and enjoy"

Michael Eavis 10/09/2008

Other events and happenings at Cobbles & Clay:



Dec 19th Snake Davis & The Burden of Paradise

Listen to The Burden of Paradise at MySpace.com (tickets available at the café)

Every Thursday 1-3pm "Knit and Natter" Come and join us for a creative afternoon; no experience necessary as there will be people on hand to help and advise; crochet or tapestry fans also welcome.

We are open half term for meals, coffee, cakes, and pottery painting!

We are now serving **Breakfast: Weekends 9-11am**
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The New Stirrup Restaurant is home to John & Polly who create, cook and serve dinner on Thurs - Sun evenings and lunch on Wed - Sun. The ambience is informal and relaxed; the service efficient. The innovative menu is sourced from excellent local, seasonal and free-range produce and we offer fresh fish dishes, daily specials and chargrilled burgers and steaks. As an essential finale to a great meal try our delicious seasonal and traditional deserts; sticky toffee pudding, double chocolate brownie or raspberry creme brulee. Call in and take a break in the afternoon for tea with freshly-baked scones and mouth-watering cakes and biscuits. So, to try a New experience in Haworth - come to the New Stirrup Restaurant.

Telephone 01535 642007

We are taking Christmas bookings now!
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WINED & DINED

BY CLAIRE SMITH

'There are few hours in my life more agreeable than the hour dedicated to the ceremony known as afternoon tea'

Henry James

It is a month of pumpkins and pomegranates, country lanes colonised by dancing, golden leaves, frosty mornings and autumnal afternoons. There will be transient processions of ghosts and ghouls which evaporate almost as suddenly as they appeared once Halloween is behind us. But as we move into the autumn and winter months my English side surfaces and my thoughts turn to the steadily ticking clocks, sumptuous furnishings and all embracing calm of the English country house; to crisp white tablecloths and elegant teas taken in fine china brought on silver trays. The very English tradition of afternoon tea conjures images of stylish ladies and gentlemanly behaviour; of delectable morsels both sweet and savoury, enjoyed in an atmosphere more relaxed and refined than the rushed cup of tea and biscuit that we know today. Setting aside an afternoon in which to enjoy taking tea, either alone, if solitude is what you need, or as a social gathering, will re-connect you with the magic of a time less hurried and more pleasurable than the impersonal hustle and bustle of modern day living.

Traditionally afternoon tea begins with savouries- finger sandwiches, savoury pastries and little toasts- followed by scones and a selection of tiny cakes

and fancies. An extra special tea would include a glass of champagne. Each of the delicacies on offer must consist of no more than a mouthful or two, the idea being that afternoon tea affords the participant an opportunity to taste and enjoy lots of different flavours whilst chatting over a delicately fragranced, honey-coloured infusion.

Combine stilton with pear or smoked salmon with cream cheese (or stick with the quintessentially English cucumber if you prefer) and place on thinly sliced bread with the crusts removed; cut each sandwich into fingers to make delicate finger sandwiches. Anchovy butter on crisp little toasts, caramelised onion tartlets and baby rarebits all make a tasty start to tea. Next come the scones, fresh from the oven and served with clotted cream and as good a conserve as you can find; cinnamon toasts, fruited and spiced teabreads, drop scones or baby Chelsea buns. After all this (and this is my favourite part) come slithers of cake and delicious little fancies (I could write reams) tiny éclairs, fruit tartlets, chocolate macaroons and mini pavlovas; moist sponges and florentines, all washed down with a fine leaf tea, earl grey, afternoon darjeeling or a delicate rose petal.

Scour antique, junk or charity shops for pretty china teacups (the china should be fine- translucent when held up to the light), or give your best china an airing and dedicate an autumnal afternoon to the joys of taking tea.

'I think of half-past four at Manderley, and the table drawn before the library fire...the performance, never-varying, of the silver tray, the kettle, the snowy cloth.' Daphne du Marier, Rebecca.

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Are you getting your 3-a-day?

Most of us are familiar with the '5-a-day' campaign to encourage us to eat 5 portions of fruit and vegetables but what about '3-a-day'? Numerous nutritional studies have highlighted the need to include dairy products in our diet and according to the 3-a-day campaign a typical adult daily diet should include:

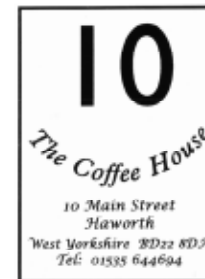
- 200ml semi-skimmed milk
- 150g pot of low-fat yogurt
- 30g of cheese (small matchbox size).

Many people believe cheese is unhealthy and

full of fat. Yes, cheese does contain fat, but not as much as people think (a typical farmhouse cheddar is 34% fat). This completely natural, unprocessed food plays an important - and delicious - role in a sensibly balanced diet, especially for healthy teeth and bones. It contains protein, vitamin A, vitamin B12, vitamin D and most importantly calcium. Eating cheese at the end of a meal helps to neutralise the acids that cause tooth decay as well as replacing minerals in tooth enamel. Cheese can also play an important part in a bone-friendly diet that will help stave off the threat of osteoporosis. There are over 700 different UK farmhouse cheeses.... for great nourishment, fantastic flavour and a wonderful smile, eat some soon!



Kath Armitage tends to the delicious and calcium rich truckles at The Cheese Place in Haworth.



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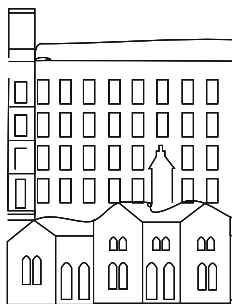
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CANCER RESEARCH UK

*Together, we can make
breast cancer history.*

October is Breast Cancer Awareness Month. More than 100 women a day are diagnosed

with breast cancer in the UK, and one in 9 will develop breast cancer in their lifetimes. Pampered Chef works in partnership with Cancer Research UK to raise awareness and funds.

Throughout October Pampered Chef sell an exclusive range of pink and white products at our special "pink parties" where you and your friends can enjoy a great evening including delicious pink and white recipes and know that up to 25% of the sales of cookware that evening will go to Cancer Research UK.

To buy the products, host a pink party, or participate in your nearest event, please contact Nel on 07835115900 or through www.pamperedchef.biz/nel.

No.10 The Coffee House in Haworth will be hosting a pink party on Friday, October 31st at 8pm. Call Nel to confirm your attendance. £3.50 suggested donation. All Welcome.



A range of Pink products as well as the extensive Pampered Chef catalogue of items will be available for sale. 25% of sales will go to Cancer Research UK.

- Here's a simple pink and white treat to try at home....great to make with the kids.
- These look fantastic in the Pampered Chef pink bowl trio, or the pink and white spotted cups.

Pink and White Chocolate dips:

- 1 tub soft cream cheese (such as Philadelphia)
- 150ml (small tub) single or double cream
- 100g white chocolate
- 100g raspberries (fresh or frozen)



- Gently melt the white chocolate along with a tablespoon of the cream (you can do this in the microwave on a low heat if you stir regularly)
- Mix together the cream cheese and the remaining cream, and beat until smooth
- Add the melted white chocolate and stir slowly until creamy. Pour half into a separate bowl
- In another bowl, crush the raspberries and add a little at a time to one of the portions of white chocolate dip until it is as pink as you want it to be
- Using a good bendy silicone spatula, scrape every last bit into two pretty cups or bowls, and decorate if you like with extra whipped cream, pink sprinkles, grated chocolate or raspberries. Serve with strawberries, bananas, white chocolate fingers, pink wafers, or just your fingers for dipping!

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Where in the Worth Valley? COMPETITION

Can you identify the building or landmark indicated by the red cross in this photograph? (right)

This month's prize is generously donated by

The Pampered Chef

Email your answer this month to:
mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by October 15th 2008.



The September winner was Derrick Hopkinson from Oxenhope.
The correct answer was Upwood Park Caravan Site.

Google Earth ©

WEBSITE OF THE MONTH



Whilst it may not bring about world peace a new website called Sidetaker offers an interesting way to resolve disputes between two people. If you find yourself rowing about money, housework or not flushing the toilet there's a better way to air your grievances than selling your soul on the Jeremy Kyle show. Sidetaker allows both of you to make your side of the story public and then let the baying hordes decide who's in the wrong by voting for the side they think is in the right. Whilst most of us probably wouldn't be in a rush to be judged it's hard not to resist taking sides!

www.sidetaker.com

SUDOKU

	1	3		8		7	9	
	6						2	
			1		3			
		1	8	3	6	9		
	3						8	
		4	7	5	2	6		
			2		5			
	8						4	
	5	6		9		3	7	

Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9.

If you use logic you can solve the puzzle without guesswork.

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R	L	M	U	K	Y	O	A	B	L
O	C	O	W	O	L	T	S	A	H
A	R	W	S	M	K	S	M	R	A
R	O	K	E	Q	U	A	C	K	S
S	W	R	T	S	O	L	Q	S	B
U	S	H	O	W	L	S	U	Y	L
R	O	L	S	W	T	R	K	N	T
A	B	R	A	Y	S	O	L	T	S

- 1 A COW QUACKS _____
- 2 A LION CROAKS _____
- 3 A FROG MOOS _____
- 4 A DUCK ROARS _____
- 5 A COCK BARKS _____
- 6 A DOG CROWS _____
- 7 A WOLF BRAYS _____
- 8 A DONKEY HOWLS _____

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CAN YOU WRITE IN THE PROPER SOUND FOR EACH ANIMAL.
THEN FIND THE 8 ANIMAL SOUNDS IN THE GRID.



CAN YOU SOLVE THIS RIDDLE?

Each line of this verse is a clue to a letter,
which will spell a five letter word

My first is in taste, but not in eat.
My second is in shoe, but not in feet.
My third is in park, but not in keeper.
My fourth is in broom, and also in sweeper.
My last is in lock, and also in key.
My whole is something you find in the sea.

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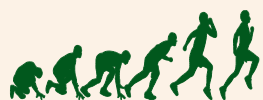
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WORTH VALLEY WARBLER

BY THE BIRDMAN FROM HAWORTH



Visit Haworth churchyard one evening this autumn and you'll be greeted by a scene that's more Alfred Hitchcock than Charlotte Bronte! There's a real sense of place during the daytime

but the churchyard really comes alive after dusk - not with ghosts and ghoulies but with big black crows. You'll occasionally spot them silhouetted against the night sky as they crash around the tree tops. But what you can't fail to miss is the deafening noise!

Listen carefully and you'll appreciate that it's not the angry caw-caw-caw of the carrion crow you are hearing but a combination of extraordinary sounds from two of its cousins. One moment it's the sound of a turkey farm with hundreds of jackdaws squawking: jack - jack, interspersed with the odd daw. Suddenly they'll quieten and you're listening to the sound of a Japanese coach party gathering around the Parsonage. This noisy but more genteel sound is the rooks, variously - cronk, craa, craw, and caw.

Visit just before dusk and you can witness what is surely one of the most underrated bird spectacles in the UK, the site of hundreds of jackdaws and rooks as they fly in to their night time roost. Wave after wave of birds come in from all 4 points of the compass, with some amassing on the power lines to the west of the Parsonage before picking their moment to join the throng.

The rooks visit the rookery all year round, but now their numbers are swelled by the jackdaws that earlier in the year nested in local chimneys and roof spaces.

The rook looks very much at home in this Victorian graveyard. The loose feathers at the top of their legs give it the resemblance of a rather elderly and scruffy undertaker who has to keep hitching up his baggy trousers. With a

grey face resembling parchment paper and an ambling gait you have a rather endearing character.

But, the crow family have a sinister and evil reputation mainly due to their taste for carrion and thereby association with death. The largest - the raven has a talent for locating and devouring carcasses; whether it's a dead lamb or the corpse of a murderer hanging from a gibbet. As raven numbers declined the carrion crow has taken over the title of perhaps our most unloved bird. In folklore to see a single crow in flight was considered to be a portent of misfortune or an omen of disaster. Maybe they were thought to be transfigured witches? But, be reassured, you should be safe in Haworth graveyard as you'll be surrounded by the more sociable rooks. If you're not sure what you're seeing there's a useful saying:

"A Rook on its own is a Crow; and a Crow in a crowd is a Rook"



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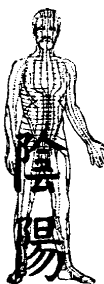
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Passion



Helen Rowell and the colourful creations at Passion, 76 Main St. Haworth

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Helen and Steve managed to personally source an unusual and exciting eclectic mix of accessories and gifts from around the world, where they had already established many good contacts and friends.

At Passion you will find an amazing array of accessories to suit all ages and budgets, carefully colour co-ordinated to help you choose. For that special occasion, there are pashminas, silk scarves, hair accessories, tiaras and fascinators all very good quality and extremely well priced. Their distinctive jewellery collection includes a vast selection of necklaces, bracelets, watches, brooches and earrings (all of which have sterling silver hooks) and the spectacular 'bling' jewellery is certainly a show-stopper and not to be missed!! Passion's impressive range of handbags vary from unusual fabric shoulder bags, bags made of wood and those suitable for everyday use to stunning evening bags, many of which are individually designed and made, and coming in an exciting selection of colours and materials. Belts, purses, manicure sets, cosmetic bags, compact mirrors, cushion covers, silk bottle bags, table runners, incense gift boxes, silk tulips, wooden vases, umbrellas, phone bags, children's gifts, jewellery boxes, phone charms and novelty salt and pepper pots are but a few of the diverse range of items that Passion has to offer. Simply...there is something for everyone.

Also, to make life that little bit easier, everything can be gift-packaged, free of charge. And, there is even a 'Passion for Men', where you can find a myriad of beautiful silk ties, cufflinks, watches, wallets, grooming kits and jewellery for that special man in your life. Christmas shopping just got so much easier and more enjoyable !!

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Every Thurs "Knit & Natter" at Cobbles & Clay, Haworth. 1-3pm

call for details 01535 644218.

Thurs 2nd October

The World Within: The Brontës and Emily Dickinson: A talk by Brontë biographer and scholar Lyndall Gordon on her latest work. West Lane Baptist Centre - 2.00pm - £3 - Further details: 01535 640185 / susan.newby@bronte.org.uk

Sun 5th October 9.30am

Keighley **"Just Ride Cykle Club"** family ride. Meet at Bingley co-op car park. suitable for all family members. Contact Richard on 07982730796 or Janet on 07849574708



Sun 5th October

Scartop Sunday School. **Harvest Festival** service 2.30pm. Service led by Wendy Craven. Collection for chapel funds. Contribution to the service by Oldfield

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Fri 10th-Sun 12th

Keighley & Worth Valley Railway Autumn Steam Gala running a variety of steam trains throughout the weekend.

Sat 11th October 7.30pm

Scartop Sunday School. **Airedale Male Voice Choir & bazaar**. Good supper. Admission £4.00

Saturday 11th October

Zoe Brigley: Poet in Residence, Brontë Parsonage Museum

Wed 15th October

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Fri 17th October

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Sat 18th October

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Sat 22nd October

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2. Stay in with your **pets**, seeing you **act normally** can help animals feel settled.
3. Exercise your **dog** during the day, but at night, keep **cats and dogs** indoors.
4. Close all windows and curtains and switch on music or the television to drown out the noise.
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COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY



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OfficeTel: **01535 642227**

Elizabeth Barker, Editor

Janet Arkwright, Magazine Assistant

email: info@worthvalleymag.co.uk

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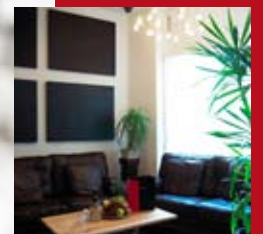
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