## WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY July/August 2019 Delivered FREE to over 7,000 households in Oakworth, OLDFIELD, STANBURY, HAWORTH, LEES, CROSS ROADS, HAINWORTH,

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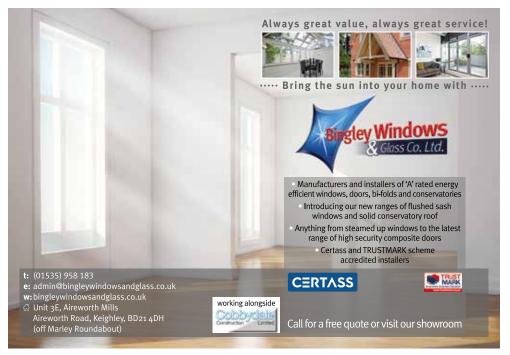
It feels like touch and go with summer so far... Has it arrived? Is the weather going to settle? Shall I plan a barbecue? Can I wear my linen shorts? I don't know why I torture myself every year with the same inane questions. We live in England. And those linen shorts really don't do anything for me. Enough said.

I quite fancy open air cinema. I grew up going to Drive-in movies at the beaches of New England. We would 'drive in' to a sandy lot with the designated bays and hang the speakers on the car door. The screen looked colossal and the sound was ropey. Sometimes we'd bring a picnic and chairs but mostly we'd arrive in our pyjamas and sleeping bags and stay in the car. Invariably my siblings and I would fall asleep before the end of the film. It didn't matter, we'd been to the Drive-in! Good times.

Get yourself off to Bolton Abbey and let me know how the Open Air Cinema goes. Of course, there is lots more to do and see this summer. Take a peek inside. Enjoy & see you in September. Liz



Editor Liz Barker



# SLOW DOWN... FUN AND NOSTALGIA AHEAD!

It's that busy time of year on the Railway when we operate trains seven days per week, and during the week we play host to the vintage 'bus service that my 3 year old grandson absolutely loves (as well as the ride on the train itself, of course!).



We run right through to the first week of September, so please do put us on the summer holiday visit list, and if you are looking for an extra treat you can upgrade to a Cream Tea special. There are full details on the website of the Cream Tea upgrade, as well as the 'Strawberries & Prosecco' that you can enjoy during our Vintage Train Sundays.

What makes the Railway's operation sustainable is the 700+ volunteers who devote their time so willingly and freely to operate, maintain and manage the Railway's activities. We also need to make sure that



maximise revenue-generating opportunities for the Charity, and so have enhanced our carriage hire options, as well as operating the luxury services during the summer and on the Vintage Train Sundays. We are also working to make sure that we make the most of grant-funding opportunities, not least because we need support both to maintain the historic infrastructure and vehicles on the line, but also to maintain the skills and knowledge that our volunteers have built over our five decades of operation, and I am very encouraged that we have been able to continue work in partnership with the Boiler and Engineering Skills Training Trust to welcome several apprentices to the Railway.

As you will appreciate, we are always keen to welcome new support, whether financial through tickets purchase or donations, as well as offers of time as a volunteer, so if you are able to help, please do visit the website for further details. As ever, I look forward to welcoming you on board, whether as a passenger or volunteer.

Matt Stroh KWVR Chairman

www.kwvr.co.uk 01535 645214



## BEHIND THE SCENES AT THE MUSEUM Our Contemporary Arts Programme

As someone who loves poetry and art, I'm excited to work on the contemporary arts programme at a museum that holds so much inspiration. We have some excellent writers and artists working with us in 2019 to contribute to an amazing year for the Parsonage.

When I first stepped into Brontë Parsonage Museum I got the feeling that this was somewhere where special things happen. In the last 200 years, since the Brontës moved here, some of the greatest literature in the English language has been written in the Parsonage. It's here that Patrick Brontë campaigned for social justice and better living standards for the people of Haworth, and where the Brontë children imagined amazing worlds. This museum is a place to remember the creativity and ambition of an incredible Yorkshire family, and to inspire the artists and writers of today.

The Parsonage is the perfect place for poetry. Zaffar Kunial, our writer-in-residence, is interested in the Irishness of the Brontës and has invited two of the most exciting contemporary Irish writers to read at our 'Crossings' event on 20 July. Nicole Flattery's short story collection Show Them a Good Time was published this year and she has been celebrated for her darkly funny, award-winning work. We're also excited to welcome Colette Bryce, a poet whose work has been described as 'sensuous, smart and snappy'.

Frank Cottrell-Boyce, writer of Goodbye Christopher Robin and other Hollywood films, is our creative partner for 2019. Frank



is working with us to create an enchanting experience that explores Patrick Brontë's memories and thoughts as he spent weeks in darkness, recovering from a cataract operation. Look out for that in August.

I'm also thrilled with our lineup for our Brontë Festival of Women's Writing, which has been guest programmed by Kit de Waal. I'm particularly looking forward to working with Clare Shaw, our festival writer-in-residence. She will be writing new work inspired by the festival and thinking of exciting ways for the audience to give their own creative responses.

It seems to me that the perfect way to celebrate such a great literary and artistic family is to work with the most imaginative artists and writers today. Using the power of poetry and art to ask questions, to prompt reflection, and to inspire, we can find new ways that the Brontës' lives work can be relevant and impactful in 2019 and beyond.

Harry Jelly Audience Development Officer, Contemporary Arts Commissions

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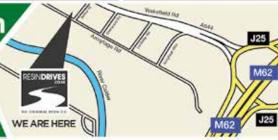








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Our contributors Beth Cunningham (Maybe It's lust me) and Amy Firth, our resident vegan recipe mavin, finish their respective stints writing for the magazine. We are sad to see them go as we know they have both been very popular; many readers have told us how much they enjoy their content. We will miss them and wish them well in their new endeavours. If you fancy writing for the community magazine please get in touch. We are always looking for intersting content created by local people. email: mail@worthvalleymag.co.uk



#### **Contact Us:**

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The winning team from Bronte Bars & Events celebrate with Harry Gration at the Keighley & Airedale Business Awards.

When it comes to putting on a bar for a special event, Kath Thornton is a local lass with a strong network and a flair

for pulling out all the stops. Beer festivals, gin experiences, hand crafted cocktail bars. wedding receptions, they all come under Kath's scrutiny. And it is Kath's eye for detail in the hospitality sector that has landed her business. Bronte Bars & Events, a prestigious accolade at the recent Keighley & Airedale Business Awards.

"My team and I have worked very hard to build a trusted and unique service; it is all about relationships, listening to the client, nurturing solid supplier links, and not being frightened to think differently. We want everyone to be delighted with the outcome and we'll go to great lengths to make occasions special and memorable," Kath emphasised after winning the Hospitality Business of the Year Award 2019 in Victoria Hall in Keighley, where Bronte Bars & Events was responsible for creating the reception cocktail menu.

Kath started putting on events back in

2012 with an acorn of an idea. Kath noticed very few women were operating in the sector and she could see that there was an opportunity to add certain creative touches and an attention to detail that others were not providing.

"I found my niche and began crafting experiences like the Gin Express, utilising the unique features and assets of the Worth Valley by partnering with the local steam railway."

The Haworth Beer Festival is a firm favourite in the calendar for both corporate and individual enthusiasts. Kath was one of the first to recognise that not everyone is a beer drinker; she added gin, prosecco, and rum cocktail options to broaden the appeal of the event. The Sausage & Cider Festival is another annual event that doesn't disappoint.

> Over 20 ciders to choose from and handmade sausages from Marsh Top Farm, Oxenhope.

> With Kath's mobile license and flexible kit, she is really hard pressed to find a location where she can't set up her mobile bar. "I have yet to be stumped by a request. We recently set up our bar in a grand teepee in the wilds of Stanbury. It was a lovely wedding."

When asked after all this success, what is next for Bronte Bars & Events? Kath replied, "More of the same really, and we are now the Bronte Liqueur global brand ambassador." Watch this space!

#### To create an unforgettable event experience contact:

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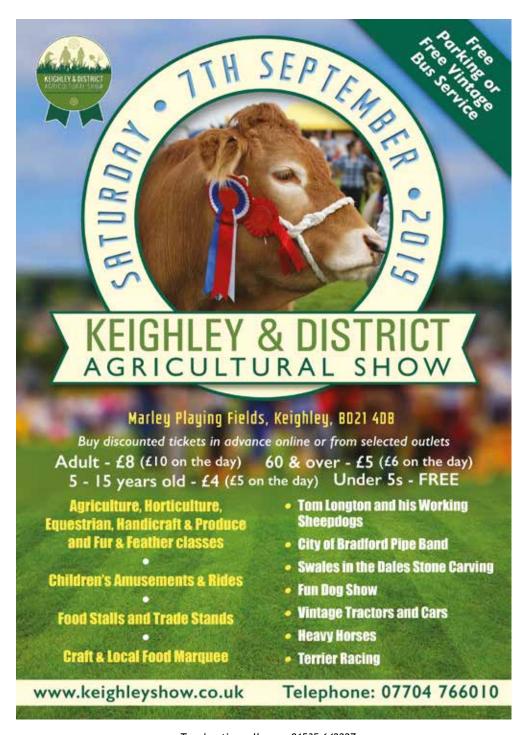
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especially for the occasion.

The 'official' opening will take place at 6:30pm

We celebrate the completion of the first phase of our development.

It's not quite 'there' yet, but we'd like to welcome you and tell you more about our plans for the future. Come take a peek and tell us what you think so far. The 'shop at the top,' on our ground floor is named Pretty Penny. It is looking gorgeous and ready for customers. Call in, browse, and see the amazing transformation.

Upstairs at Pennybank, the meeting space, is undergoing decorative work. The carpet tiles are up and we are deliberating on the 'look' to best suit the community and our customers. We are already taking bookings. The latest addition is the installation of a mini refreshment area.

The Worth Valley Community Radio is in its planning phase, and the sound studio is being designed.

We'd love to hear from you and we hope to see you on the 13th.
All Welcome.

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I have a tense relationship with meringues. Stemming partly from the fact they're tricky to get right, but mostly from an embarrassing dinner party at a friend of a friends' house during which the host (who I didn't know well) proudly served a huge plate of what looked like Eton mess (one of my favourites!). Rather loudly I told her how much I loved Eton mess, only for her to politely point out it was a summer fruits pavlova. Oops.

So, when I heard about aquafaba (a vegan egg white substitute), I didn't rush to make it. I mean, what kind of crazy person would whip up chickpea brine and serve it as dessert? Weird, huh? But actually no weirder than egg whites when you really think about it.

Aquafaba was discovered in 2014 by a vegan French musician Joël Roessel who found that the proteins from the beans leach out into the water (brine) making it a similar consistence to egg whites. I was sceptical at first but, once whipped and worked, it's just like the real thing and

can be used for all sorts. There's a slight chickpea flavour while it's raw but this is broken down during the cooking process making it perfect for brownies, meringues, mousses, mayos, marshmallows, pavlovas/ Eton mess (do not confuse these two) and more.

Makes 60+ small meringues. Hand or electric mixer essential. Happy baking!

#### **Ingredients**

6 tbsp Aquafaba (liquid from a can of chickpeas) 1/4 tsp cream of tartar 100g white sugar (granulated is best) 1/2 tsp vanilla extract

#### Method

To make these you just take some of the water from a can of chickpeas and place it in your electric mixer (hand mixer is fine) with the cream of tartar.

Begin to mix, slowly building speed up until it starts to get creamy and shiny. Slowly add the sugar, keep mixing. Once all the sugar has been incorporated, add the vanilla and whip until you have glossy stiff peaks.

Pipe (or spoon) out onto a parchment-lined tray and bake at 250°F (121°C) for 45 minutes. Then switch off the oven but don't open it for another hour while it finishes baking.

After the hour is up, remove from oven, and serve or save. Keep them in an airtight container and store them in the fridge for the most long-lasting results.



Yorkshire born and bred, Amy Firth lives in the Worth Valley with her partner, 3 kids, Murphy the dog and several rescue hens. A life-long advocate for fairer food and farming,

Amy is always in search of great veggie and vegan recipes which she shares on her Instagram page: @amy\_firth78

















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has made great leaps forward in manufacturing more efficient appliances to reduce their emissions and helb meet



the Government Clean Air Strategy (GCAS) recommendations.

### So how can you help reduce your emissions?

- **I.** Burn "approved" smokeless coal (your coal merchant will be able to advise you on the most appropriate fuel for your appliance).
- **2.** Burn wood with a moisture content of no more than 20% (seasoned or kiln dried).
- **3.** Have your chimney swept at least yearly. (I often hear "I've not used my fire much last year so I'll leave it this year." From the first fire, you leave debris in your chimney which reheats on next use and increases the emissions and so on. So even little use creates pollution.

#### The Summer Sweep Special

This year will include a chimney sweep and appliance check (usually £85) but you will also receive a free brochure on how to reduce your solid fuel appliance emissions.

When making your appointment, please ask for the Summer Sweep Special to qualify for the discounted price of £50 and your free brochure. Offer valid until 31.8.19

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## MAYBE IT'S JUST ME by Beth Cunningham



Soon I hope to zoom off in clouds of dust - saying beep beep - like that cartoon bird

Road Runner. And on the day that I pick up my bus pass, my pension is due to be paid in. So there will be a couple of celebratory beep beeps from my bank manager too.

Have I a pearl of wisdom to pass on to the next generation? Yes. Never return from the pub late at night and start ironing in the nude. (This was years ago, but the scar remains.)

My mother tried to give me advice. But when she put on her Welsh bardic voicer I drifted off to lie on the bed wondering when Davy Jones of the Monkees was going to turn up at school, in the middle of a science lesson, to declare undying love for me in front of my classmates.

Talking of dying, when retirement beckons, so will the Grim Reaper at some point. So I have been to Crossroads to organise my funeral (date to be announced).

The first question I had to answer was did I want an open coffin? This took me back to Red Square, in the 1980s, when I waited my turn to enter Lenin's tomb. A workmate who had recently done the same trip warned me of a rumour that his ear had just dropped off. Lenin's, not my workmates.

It was dark in there. It was cold. There was a soldier at each corner, ready to shoot anybody who whispered - or who leaned too close, trying to see where parts had been glued back on.

Having seen the real thing, I need never

queue outside Madame Tussaud's again. But unless I seal myself inside a Keighley and Worth Valley Railway carriage - emerging in Haworth to start a revolution - I intend to keep the lid on when I go.

Next I was asked if embalming would be required. Why wait? I already look in the mirror of a morning and shout: 'Tutankhamun's granny!' Cheaper, though, to keep slapping on the budget moisturiser, a tip I must pass on to President Putin, if he is going along the Lenin route.

So it is more or less arranged. I keep forgetting I will not be there. Or will I?

I would trust the Reverend Chris Upton, of West Lane Baptist, Haworth, with my life. Had to, when he submerged me in near-freezing water for my baptism a few winters ago. (To be fair, he did get in there with me, which says much about his ministry.) But will he slip in one of those newfangled, wishy-washy hymns nobody knows the tune to when I want something nice and old-fashioned and warlike?

I plan to float around for a while, ready to put a spectral hand on his dog collar and make whoo whoo noises. No. Beep beep.

Let us hope that he can say in his eulogy that when I went I was still holding on to my bus pass - with both ears firmly attached.



Beth Cunningham was brought up in Rawdon. She left Yorkshire to work for newspapers and magazines on Merseyside and in Wales, the Middle East and London, where she also wrote and performed stand-up comedy.

She now lives in Haworth, is a life member of the Bronte Society and writes short stories.

#### **Sudoku Puzzles**

	2			3				1
		9			8			
		1			6		3	4
5					4		7	
	1	8				4	2	
	3		8					9
2	5		6			3		
			2			7		
4				7			1	

	1		6					4
			1	9	2		5	
	8	9						7
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4	3						7	5
					5		1	
1						7	9	
	9		7	5	1			
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				8	3	9
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	8		5			7
	1				8	
3			7		2	
			4	3	9	5
6					7	
1	9	7				

To solve a sudoku puzzle, each row of nine squares must contain the numbers I through 9. Each column must also contain the numbers 1 through 9, and each box must contain the numbers I through 9.



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## COMMUNITY PAGES

Every Monday 10.30am to 12 noon at Oxenhope Bowling Club Learn to play crown green bowls. Help given to get you started, or just come along for a cup of tea and chat.. Free of charge. No booking required - just turn up at the Bowling Green in Oxenhope park anytime between the hours stated.

Daily until Thurs 12th July Keighley Library Exhibition of photographs of Anne Frank and family by Otto Frank. Denholme Voices. The choir practices every Thursday evening at Denholme Shared Church at 7:15pm and perform twice a year in concerts in the summer and at Christmas. New Members welcome. To learn more contact: Deborah 07545 086212. Pirate Ship (from the 13th July) & Pop up Beach (from May) at Bolton Abbey situated outside the Cavendish Pavilion.

Every Friday 10 am to 12 noon is Shed Group at Oakworth Village Hall. Building, DIY, Woodwork, Gardening Want to learn a new skill? More info call 01535 677177.

Oakworth Young at Heart meet every Thursday 1-3pm at Oakworth Village Hall

Haworth Senior Citizens meet

every Wednesday 2-3pm at West Lane Methodist Church. Friendship, activities, speakers, outings.

Every Tuesday 12.15pm Oakworth
Senior Citizens Luncheon Club at
Oakworth Methodist Church.
Family Cycle Zone at Bolton Abbey
until 29th Sept. Situated adjacent to
the village car park, the space offers

a safe area for children to learn and practise their cycling skills. With some new additions added for 2019.

Sun 7th July 11 am Oxenhope Straw

Race
Fri 12th July Haworth Cinema
"Fisherman's Friends" (12A) 7.30pm at
West Lane Baptist Centre, Haworth.
Sat 13th July 1pm Lees cum Cross
Roads Gala A fun day for all the
family, with BBQ, bar, stalls, games and

Roads Gala A fun day for all the family, with BBQ, bar, stalls, games and entertainment. The Gala Procession starts at 1:00pm from the Church of the Latter Day Saints and marches up the Halifax Road through the village and onto the field behind Lees Primary School. The event will be drawn to a close by the highly competitive village Tug of War challenge.

Sun 14th July 1.30pm Manorlands
Garden Party at Manorlands Oxenhope.
This fun-filled day has stalls and entertainment for the whole family to enjoy. This year the entertainment will include the Haworth Brass Band and the Voices of Yorkshire choir.
Set 20th July Pingley Show at Martle

Sat 20th July Bingley Show at Myrtle Park.

Sat 20th & Sun 21st July Sparkle & Steam on the KWVR The Sparkle & Steam train is a one-of-a-kind experience perfect for any prosecco lover. We will be running one of our Pullman Cars along the beautiful 5 mile stretch from Oxenhope to Keighley, with connoisseurs, Prosecco-ecco, serving you 4 glasses of Prosecco Superiore DOCG with varieties such as Extra Dry, Brut, Still and more to tingle your taste buds. To make the day all the more perfect, you will be served a

delicious afternoon tea to enjoy whilst taking in the beautiful views alongside the tracks.

Sun 21st July 12.30pm to 4pm Oakworth Village Show at Oakworth Village Hall.

Sun 21st July. Train rides for all the family. Miniature trains running at Marley sports field approx.13:30 until approx.17:00. Steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available. Details at www.kdmes.org.uk/trains.htm

Weds 24th July Haworth Festival Comedy Night Patrick Monahan 7.45pm at Cobbles & Clay, Main Street, Haworth.

Fri 26th July Haworth Cinema "If Beale Street Could Talk" (15) 7.30pm at West Lane Baptist Centre, Haworth.
Sat 27th July & Sat 24th Aug Lees
Cum Cross Roads Car Boots Sales 9am
-12 pm field adjacent to 3 Acres Pub,
Bingley Road, Lees Moor. Toilets food and parking available.

Sat 27th July until Sun Ist Sept II.00am - 4pm Keighley Beach by the Sea.

Sat 27 & 28 July St James` Church Cross Roads are to Celebrate St James` Day this year with a double event Arts & Craft exhibition from local people. Along with (Sat only) Table top sale of children's clothing & equipment. Sat 10-4pm Sun 10.30-4pm People wishing to take part in this contact Mrs F Richardson 01535 6646368 or via our Facebook page St James Church Cross Roads.

Sun 28th July Haworth Festival
Comedy Night Scott Bennett 7.30pm at
Cobbles & Clay, Main Street, Haworth.
Sun 28th July Ipm Manorlands Paint
Rush at King George V Fields, Marley
Sat 3rd Aug II am Haworth's 2nd
Artisan Food & Drink Market for
Manorlands Hospice at Haworth Old
School Rooms.

Sat 10th Aug 1pm - 4.30pm Music for Manorlands at Cliffe Castle Park. Sat 10th Aug 6.30pm Proms at the Castle at Cliffe Castle Park

Thurs 15th Aug 1pm - 3pm Annual Teddy Bears Picnic inc Puppet Show, Teddy Bears Disco, Sports Day and lots more at Cliffe Castle Park.

Sun 18th August. Train rides for all the family. Miniature trains running at Marley sports field approx. 13:30 until approx. 17:00. Steam and electric trains providing trips for all ages. Great family afternoon out. *Continued...* 





Continued from \$25. Sun 25th Aug Haworth & District Gardeners 101st annual Flower Vegetable & Produce show at Haworth Village Hall Butt Lane. Doors open 2.30pm Refreshments, tombola, raffle. Cups presented at 4.00pm followed by auction of produce in aid of Manorlands. One of the largest shows in the area so why not have a look at the classes, email haworthshow@ gmail.com or phone Ruth 01535 643437 for a schedule.

Sun 25th Aug 10am - 4pm Aire Valley Railway Modeller's Club Summer Open Day at Melbourne House, Dalton Lane, Keighley. Tues 3rd Sept Cross Roads & Lees Church & Chapel Ladies Group 7.30pm at St James' Church Hall, Haworth Road, Cross Roads, BD22 9DL. The Gardens of East Riddlesden Hall Speaker Jill Saunders Head of Gardening at East Riddlesden Hall. Sat 7th Sept 9am - 5.30pm Keighley & District Agricultural & Horticultural Show at Marley Fields.



**DID YOU KNOW?** MANY LOCAL SHOPS AND FACILITIES DEPEND ON YOUR CUSTOM & SUPPORT TO SURVIVE.

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## Davies Lettings wins 'Best in County' title at The ESTAS, the most prestigious estate & letting agent awards in the UK



The Keighley based agency received the 'Best in County' title for Yorkshire at the prestigious ESTAS 2019 scooping the

gold award nominated by their tenants and the silver award nominated by their landlords. The award was announced by Phil Spencer, the TV property expert at a lavish luncheon & ceremony at the Grosvenor House, Park Lane, London attended by 1,000 of the UK's top property professionals.

The awards, celebrating their 16th year determine the best estate and letting agents in the UK based purely on feedback from customers who are asked a series of questions about the service they have received from their agent. Over 45,000 surveys were completed by customers during the competition.

Phil Spencer, who has hosted the ESTAS every year since their inception in 2003 said "The ESTAS encapsulates what your typical agent is trying to do, which is to provide honest, transparent service for their clients. These awards are special because shortlisted and winning firms are selected purely on the service they deliver. Real feedback from real customers experiencing real service, I don't think there can be a greater honour in the industry than to receive an award based on that mantra."

Estate and letting agents were recognised in counties around the UK.

Jason Davies director of Davies Lettings said "We are absolutely thrilled to be recognised at this year's ESTAS. It means so









much to us, as we know it's our customers who have judged our performance. Our company motto is, "Big enough to cope, small enough to care!" We take our levels of customer service very seriously, because we know clients have a choice. We have always been very proud of providing a personal service and this proves we are delivering what we promise."

If you are thinking of letting a property call in to Davies Lettings in Keighley and speak to Jason or Catherine.

#### **Davies Lettings**

42 North Street, Keighley BD21 3SE info@davies-lettings.co.uk www.davies-lettings.co.uk

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## Vibrant and modern serviced offices

The new Cavendish Business Centre, located in Keighley town centre, is a vibrant and modern set of fully serviced offices.

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#### Cavendish Business Centre, Keighley

For more information about our offices and meeting areas, please get in touch.

#### Tel: 01535 683163

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## You're invited!

The celebration and relaunch of the Haworth Machu Picchu

Twinning Link
will take place on

#### Saturday, August 31st 1-4pm

We would love the community to be involved and invite you to join us at the

#### Old School Rooms, Haworth

to find out what we have done so far, how we reached this point and what our plans are for the future.

Maybe you are part of a group that would like to communicate and exchange ideas with your counterpart in Peru.

We may be able to help introduce you; from knitting to football, recipes to reading, there may be someone half a world away, or to be precise, 6186 miles, whose life would be richer for knowing you.

We are honoured to have special guests joining us including Ambassador Juan Carlos Gamarra and his wife Desiree, Prinzessin von Preussen.

There will be films, music, displays and food sampling, even alpacas! Fun for all.

If technology allows we hope to be seeing, waving and speaking (maybe even a little Spanish) 'live' to the Mayor and community in Machu Picchu.

There are many possibilities as we go forward with this friendship link.

Please come, be inspired and learn a little, then find out how you can join us on this journey with Peru

For updates please see

www.haworthmachupicchu.org.uk

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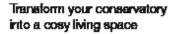
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you to design a moon with a solid roof but also the ability to include glound. ascilosa, giving you privacy yet still. providing planty of daylight. Developed using Ultra His, the lightweight tile system is as near to the real thing as you can get. Available in tions realistic tile colours, the Ultrailize(\$40 looks as good on the portaids as the hadde.

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6	2	5	4	3	7	9	8	1
3	4	9	1	2	8	6	5	7
8	7	1	5	9	6	2	3	4
5	6	2	9	1	4	8	7	3
9	1	8	7	6	3	4	2	5
7	3	4	8	5	2	1	6	9
2	5	7	6	4	1	3	9	8
1	9	3	2	8	5	7	4	6
4	8	6	3	7	9	5	1	2

5	1	3	6	7	8	9	2	4
6	4	7	1	9	2	3	5	8
2	8	9	5	4	3	1	6	7
9	2	5	8	1	7	6	4	3
4	3	1	2	6	9	8	7	5
8	7	6	4	3	5	2	1	9
1	5	4	3	8	6	7	9	2
3	9	2	7	5	1	4	8	6
7	6	8	9	2	4	5	3	1

8	2	1	6	9	7	3	4	5
6	3	5	2	4	1	7	8	9
4	7	9	8	5	3	6	2	1
5	9	4	3	1	6	8	7	2
3	6	2	9	7	8	1	5	4
1	8	7	5	2	4	9	3	6
7	1	6	4	8	5	2	9	3
9	4	8	1	3	2	5	6	7
2	5	3	7	6	9	4	1	8

5	7	1	4	6	8	2	3	9
9	6	8	2	3	7	1	5	4
2	3	4	5	1	9	7	6	8
4	8	6	3	5	2	9	1	7
7	1	2	6	9	4	5	8	3
3	5	9	8	7	1	4	2	6
8	2	7	1	4	3	6	9	5
6	4	3	9	2	5	8	7	1
1	9	5	7	8	6	3	4	2

## Summer Beauty with the Chillout Zone

Since 2002 Belinda Booth and her team at The Chill Out Zone have been offering clients a variety of treatments so they are looking their very best for summer events and holidays.

LVL lashes, popular with celebrities including Michelle Keegan and Stacey Solomon, can last for up to 8 weeks and your lashes look amazing even without mascara. It works by lifting, perming and tinting your natural lashes so no clumps or glue. You will need to pop in to have a patch test 24 hours before your treatment.

Gelish nail finish is 9 years old! A combination of both a polish and a gel, it applies like a polish but is long lasting like a gel. Using fast setting LED lights Gelish, on both finger and toe nails, gives up to three weeks of high gloss colour.

Quality spray tan Crazy Angel, in a choice of three shades to tone with your own skin, leaves you with a healthy sunkissed glow, no streaks, and a natural look for all occasions and seasons. You can choose 'regular' tan which you wash off after 4 hours, or the 'express' which can be washed off after 2 hours. Tanning treatments are alcohol, paraben and mineral oil free.

Waxing is a great hair removal alternative which means you never have to pick up a razor again or use messy creams. Waxing is a tried and tested common practice, that's been around for decades, and leaves the skin silky smooth. The Chillout Zone offer back and chest waxing for men by referral. Non-surgical facial treatments are popular throughout the year. Crystal Clear Microdermabrasion is a clinically proven resurfacing therapy offering results for problem skin, pigmentation, lines, wrinkles and scaring. Award winning CACI has



a reputation as one of the finest microcurrent facial therapies. Tiny impulses stimulate the muscle tone and enhance skin tissue. In addition to seeing benefits after one treatment, these facials give you an extremely relaxing experience. Enjoy a little bit of 'me' time this summer.

Relax and 'chill out' with The Chillout Zone this season! Contact: 01535 646767

www.thechill-outzone.co.uk







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Say you saw it in the Worth Valley Mag!

#### **Heel 2 Toe: Christine Harker** passes on the baton

After ten happy and very successful years providing Foot Health Care, Christine Harker is hanging up her 'Nippers' and retiring.

For Heel2Toe Foot Health Care Practice this is a new chapter of growth and development, due to Christine's son Paul Shuttleworth and daughter Rachael Somers taking the Practice forwards into an exciting future.

Paul and Rachael wish to emphasis all services will continue to be provided but all appointments made will be Home Visits. They both welcome and look forward to meeting existing and new customers and continuing the good work that Christine has achieved.

Christine says although the clinic on Sun Street closes on 14th lune the business is definitely open and she wishes Paul and Rachael every success for the future. Christine would also like to thank all her wonderful customers for their loyalty and support to her business over the years and although she is looking forward to retiring, the relationship with her customers is the greatest thing she will miss.







Christine Harker, Paul Shuttleworth, Rachael Somers

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Integrity and Value. Quality in the materials that we use for all our installations and the fact that all our loft packages are fitted by time served tradesman so our customers are assured of the best job. Integrity in that we will tum up at the time we say and make sure the house is spotless when we leave, and Value in that we offer our services at a price people can afford. Our business relies on referrals and we get a huge

amount of our calls from people who have been referred to us by our existing customers - that simply wouldn't happen if we didn't adhere to our oveniding principles.

At the end of the day the old adage that happy customers lead to more happy customers is true and we work hard to make that happen for every installation we carry out!'

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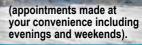
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