



WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

November 2009



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November is a time of reflection. Even if we don't have a friend or relation in active service, we are reminded to think about the dedication and courage of those who are risking life and limb in fulfilment of their duty. Politics aside, I fully support the armed forces and acknowledge the sacrifices they have made to keep Britain secure. Please consider supporting the Royal British Legion and don't forget to buy a poppy!

On the subject of giving, we continue to champion the work of Lilies of the Valley, the local charity that is providing encouragement and support to young mothers in Keighley. We have a special promotion in conjunction with the Pampered Chef that will benefit LOV from the sale of products. (see page 37) This is a great way to shop for Christmas presents and contribute to a good cause. *Have a great month,*



Liz Barker

OfficeTel: **01535 642227**
We are looking for volunteers to help compile our editorial content and non commercial community pages. Journalism, media studies and graphic design students will be considered as well as mature & computer literate individuals.

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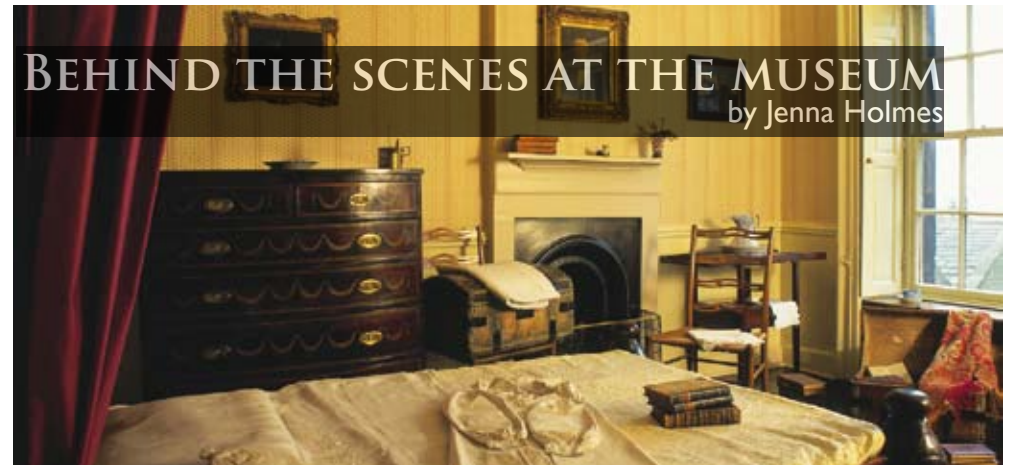
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BEHIND THE SCENES AT THE MUSEUM

by Jenna Holmes



Mr. Brontë's bedroom

Back in September the Brontë Parsonage Museum invited the people of Worth Valley to visit 'behind the scenes' at the museum on a series of special evening events. We were overwhelmed with the response and were sorry to disappoint so many of you, but it was fantastic to hear feedback from local people about what they would like to see on display at the museum. It's so important that the museum connects with local people because there is still so much oral history about the Brontës and old Haworth to be explored. When Patrick Brontë died and the contents of the Parsonage were auctioned off in 1861, many household items were bought by local people. We've been inviting anyone who thinks they might own artefacts, books, drawings and letters belonging or relating to the Brontës to come to a 'Brontëana surgery' and find out more about them, and in the process help us fill gaps in our knowledge about the family and their lives. There have been all sorts of discoveries as people have brought items forward, wondering if their possessions might be of significance. One of our favourites has been a jam pan, which oral tradition has

it, was sold in the 1861 sale and has remained in the possession of a local family ever since. The museum is going to investigate whether it might have been owned by the Brontës. Several wooden items have also been brought along, made from wood taken from the old Haworth church, and an 1834 Haworth rate book. We also saw six books that were believed to have been given to Martha Brown (the Brontës' domestic help) by Arthur Bell Nicholls after Patrick's death. The titles the 'Life of Wellington' and 'Stories of the Irish Peasantry' would certainly fit with the Brontës' idea of interesting reading matter. One member of the public kindly donated to the museum her collection of three volumes of "Family Economist", once owned by Tabitha Brown (the sister of Martha Brown). 'Family Economist' gave monthly advice on how to run a household, with subjects such as 'recipes for making ink', 'moralities for the home' and 'how to make a good cup of tea'. The volumes will be put on display at the museum next year. Thank you to everyone who got in touch and people are still welcome to contact the museum to take part in the Brontëana surgery.

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Desserts

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WINED AND DINED by Claire Smith



We have reached the time of year when for me, the sight, sound and smell of hot butter frothing around the edges of a pork steak, a nice piece of

fresh fish, scallops brushed with garlic butter, sliced floury potatoes or a large juicy mushroom or two thrill me beyond reason. A squeeze of lemon juice, a handful of chopped herbs, the kitchen warm and aromatic whilst the air outside is crisp and cold; the whoosh of par-boiled potatoes falling into piping hot fat, and the crisp roast king Edwards or Maris Pipers, sticky at the edges and soft and fluffy inside that result. As the skilful hand of nature paints the landscape with the golden glow of autumn, the brightly lit windows of our homes take on a magical golden light of their own, leading the way to cosy firesides where winter evenings may be spent sharing snug suppers, and kitchens harbouring pots of gently bubbling soups and warming winter stews.

Winter food is comfort food; the sweet, subtle flavour of a butternut or parsnip soup being meltingly soothing and satisfying on a cool winter day; and the Sunday roast comes into its own now; the meat nestling upon a bed of woody sprigs such as rosemary, thyme or bay, and roasting slowly throughout the afternoon (slow roasting will give a crisp outer skin or crust whilst keeping

the meat inside juicy and tender) will fill the house with rich, deeply comforting and nostalgic aromas. Dishes braised slowly at a gentle heat are especially suited to the cooler months. Celery braised in a little stock is gorgeous. Meat and vegetables cooked slowly in seasoned liquid (in a deep, heavy pot) will give you the tenderest meat, aromatic vegetables and pan juices with an enviable depth of flavour.

Potatoes have always featured heavily in our house, due largely to my youngest daughter who has an enduring passion for them. Baked in their skins which should be nicely crisp, their cloudsoft flesh lends itself to a multitude of different fillings, and boiled potatoes mashed with butter (or a little cheese, or cream and mustard, make a perfect blanket for a fabulous fish pie, or a creamy mash mountain with which to mop up the rich onion gravy accompanying a gathering of fat, herby sausages.

All this talk of hearty, winter dinners and suppers leaves little time for desserts, which will not do. This is the time of year, after all, when a pudding is deemed by many (myself included) as compulsory. Blackberry and apple pie, poached pears with ice-cream and chocolate sauce, rice pudding, baked apples, generous wedges of fruit cake, chocolate brownies, in fact any kind of cake; steamed sponges with thick, yellow custard. Warming winter food with which to fortify the body, and the soul.

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Little Robin Red Breast

Little Robin Red breast
sat upon a tree,
Up went pussy cat
and down went he;
Down came pussy,
and away Robin ran;
Says little Robin Red breast,
"Catch me if you can".
Little Robin Red breast
jumped upon a wall,
Pussy cat jumped after him
and almost got a fall;
Little Robin chirped and sang,
and what did pussy say?
Pussy cat said, "Meeow!"
and Robin jumped away.



Robins' retreat

Any gardener will know that you only have to put a spade or trowel into the ground and a Robin will be there in an instant, singing while you work and waiting for the opportunity to grab a morsel you have uncovered. They are known for being bold and inquisitive.

Why is it that when the leaves fall and you can actually see lots more Robins around, they seem to become more secretive? It is a common belief that this is caused by the rivalry for territory in gardens, and it is certainly apparent. Robins are fiercely territorial and the richer pickings of the well stocked Bird Table are prime sites. No doubt this competition forces them to keep their visits brief.

However, there is another reason. Many of our iconic Christmas Robins spend the majority of their year on the European Continent and migrate here for the milder Winter. (Milder, I hear you say!! Well everything is relative!!) This swells the number, increases competition, and more importantly, the European Robin does not have the same relationship with people as our native Robin.

Why is this? Well it goes back to the days of Wild Boar in Britain – Robins followed them around and as the pigs grubbed up the ground, they provided Robins with a feast. When the Wild Boar were wiped out, fortunately for the Robins, man was there to take over, so they instead followed the spade. This association with Robins is unique to Britain. So if you want to take a photo of a Robin this Winter, it'll be easier if you listen for the one singing in English!!

Helene Heyes

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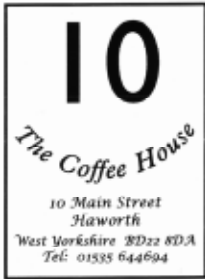
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SEWING THE SEEDS

Autumn is a very busy, but important period in the agricultural calendar. With silage having been picked up from June – September and wheat harvested in July and August, the ground looks pretty bare. A blank canvas awaits the farmer's decision as to what next year's crop should be. Planning to harvest a crop 10 months in advance seems somewhat optimistic as there are numerous challenges such as the winter weather conditions (frost bite can ruin almost any crop), what markets will be available the following summer, the price of seed and inputs versus returns and finally current ground conditions.

When preparing the land for the crop, it's not just as simple as planting a seed. Firstly, the current crop remains must be destroyed to give new seed better chances. The grass could be killed with a herbicide then ploughed or rotivated. This process turns over the sod of soil as well as breaking it up, a bit like a crumble. Following which additional nutrients are applied in the form of farm yard manure and artificial fertiliser. Then it's time for the seed itself to be planted, having calculated the thousands of seeds required per acre, the seed drill evenly distributes them across the field. This is the point where you'll probably notice a fluctuation in bird numbers – scooping as much 'free' seed as they can.

To prevent patchy uptake of the crop and ensure the seed is firmly bedded in,



the land is rolled. The more compact the soil, the better the germination chances. All the aforementioned processes require stringent thought and precision.

Within a few weeks, the first green shrubs begin to peer through the soil. If you look carefully enough, you'll see the rows in which they were planted. Providing the ground temperature is still relatively warm, moist and has light, the grass seeds will thrive. Following a further fertiliser application and some light grazing, this crop will be ready to be harvested the following summer. Similar, but more complex processes are used to plant vegetables

So, when you see a 'naked' field, remember the processes and nurturing that are needed. When you're shopping at the greengrocer's consider the length of time, the inputs and the thought that was involved to grow these products.

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WEBSITE OF THE MONTH

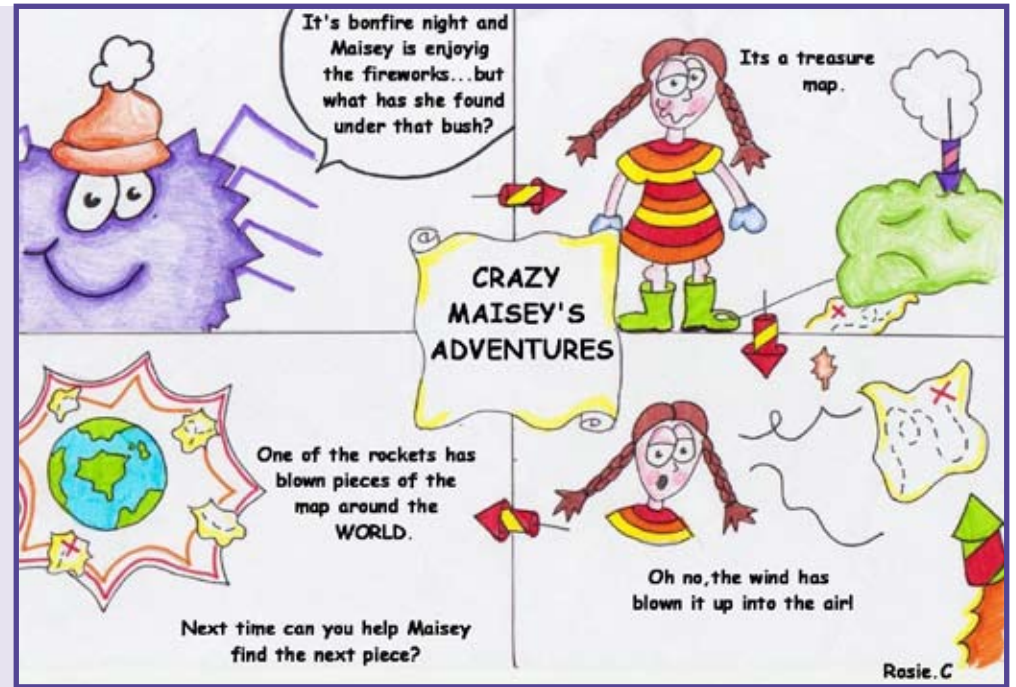
This month's website is everything a web site should be. Simple, infectious and funny. speechbreaker.co.uk allows you to put words in the mouths of the country's three main political leaders and finally get them to say something you can truly believe in! Simply choose between Brown, Cameron or Clegg, select words to make a sentence and then click preview to watch our politicians some truly astounding election winning statements! You can post the results to YouTube or email them to a friend. Mangle what comes from the mouths of the party leaders before they get the chance to do it! More fun than a party political broadcast!



Hi, My name is Rosie and I have always wanted to be a cartoonist, so being in the Worth Valley Mag is really great; YAY! These are the characters I came up with called

Crazy Maisey and her sidekick Hairy the Spider. I first created them when I was 12, developing them in to what you see today. With help from my family, friends and my tech teacher Miss Lister, I really hope you love the cartoons and enjoy reading them in the months ahead.

Rosie C.



Sponsored by  **D&R CONSTRUCTION** PHONE OR FAX: 01535 647166 MOBILE: 07770 890 652

Where in the Worth Valley? COMPETITION

Can you identify the building or landmark indicated by the red cross in this photograph?

This month's prize is generously donated by

Keighley & Worth Valley Railway Day Rover Pass

Email your answer to: mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by Nov.15, 2009

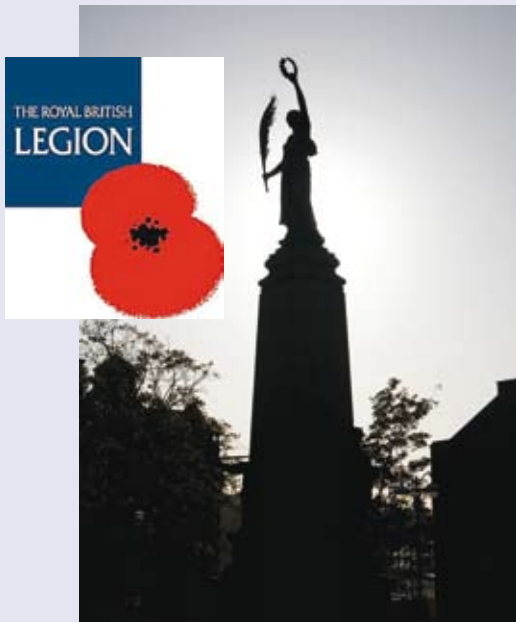


The Oct. winner was Kary North and the location was Oldfield School.

Google Earth ©



Say you saw it in the Worth Valley Mag!



Keighley Cenotaph

THE ROYAL BRITISH LEGION is the national custodian of Remembrance, a role which ensures that those who gave their lives for peace and freedom are remembered. The act of observing a Two Minute Silence began in 1919 following the Armistice at 11am on the 11th November 1918 at the end of the First World War.

In 1921, the year the Legion was formed, 'Armistice Day' was formally adopted as the national day of Remembrance and the Legion was charged in its Royal Charter with organising "Festivals of Remembrance, services and parades to perpetuate the memory of sacrifices made during service with Our Armed Forces in war and peace".

In the 87 years which have passed

since then, the Legion has been responsible for organising national, regional and local ceremonies of Remembrance to reflect the nation's concern that the human cost of war should not be forgotten. At national level these include:

The annual Poppy Appeal. Every year the Legion mobilises a countrywide network of Poppy Appeal collectors to meet the enormous public demand for poppies – the nation's symbol of Remembrance.

The Two Minute Silence at 11am on 11th November when the nation pauses to honour those who gave their lives for peace and freedom. The Legion has been instrumental in reinstating this in the nation's calendar.

This year marks the 65th Anniversary of D-Day and The Royal British Legion held special events to reflect this.

The annual Festival of Remembrance.

Every year the Legion organises a festival at the Royal Albert Hall to pay tribute to all those who have given their lives for our peace and freedom.

The Parade and Service at the Cenotaph in Whitehall on Remembrance Sunday organised by the Government and the Legion.

Remembrance is not just about those who fought in the two World

Wars of the last century, but also about those involved in the many other conflicts worldwide since 1945 and those still fighting for peace and freedom now. It is also about learning from the past and resolving to make the world a better place to live in the future.



Ian Wilson, President of the Keighley chapter of the Royal British Legion and a positive agent for action and support.



Hayley Westenra and Dame Vera Lynn launch the 2009 Poppy appeal.

Forces sweethearts from yesterday and today joined hands to launch the 2009 Poppy Appeal in support of the Afghan generation of Armed Forces wounded and bereaved.

Dame Vera Lynn, the original Second World War Forces sweetheart who is once again at the top of the British charts, was joined by Kiwi songbird Hayley Westenra in launching the Poppy Appeal with a fundraising goal of £31 million.

Launching the campaign in a colourful ceremony from London's Horse Guards Parade, well known venue for the annual Trooping the Colour, Dame Vera was joined by the Regimental Band of the Irish Guards and members of the Queen's Life Guards in full state ceremonial regalia.

My songs were very popular when the boys were away, and now the boys are away again and my songs are popular again," said Dame Vera, 92. "I hope the British public support the Poppy Appeal and for their sake, please wear a poppy."

"The Royal British Legion is the leading UK charity providing direct, practical support for our wounded heroes and bereaved Armed Forces families," said the Legion's Director of National Events and

Fundraising, Russell Thompson OBE. "The past 12 months of bloody conflict have increased the need for our help both today and for years to come."

Since 2003, the Legion provided financial help to 10,000 Service personnel and recent veterans of Iraq and Afghanistan. "We represented one-third of all the appeals for higher compensation payments for injuries suffered in Afghanistan," Mr Thompson said. "And, our campaigns have led to increased compensation awards which have placed an extra £7.5 million in the pockets of the most seriously injured."

The Legion currently spends more than a £1 million a week in its work helping over 130,000 other members of the Armed Forces Family – dependents, veterans and the bereaved. This year it hopes to extend its reach more than 160,000 beneficiaries. "In order to fund this work we would like this year's Poppy Appeal to equal last year's record total of £31 million," Mr Thompson said.

The Royal British Legion's 2009 Poppy Appeal targets support for the wounded and bereaved of Afghanistan with a sobering poster campaign featuring a young war widow and a Royal Marine double amputee, both of them attending the Appeal launch.

Using the motto, 'For their sake, wear a poppy', the Poppy Appeal poster campaign also for the first time features a coffin being repatriated from Afghanistan.

<http://www.britishlegion.org.uk>





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You may (like most of us in Business) be struggling to do the real work, usually earning money and working with your products, and then keep up with the admin side, usually in your spare time. The fact is, none of us have free, or spare, time – if we choose to spend our leisure time on our work, it is still a cost to the Business. After all, you could use that time to develop your marketing or products etc. instead of the Admin. However, without good, basic and up to date info about your business progress, then you have nothing to build or develop from - the 'Chicken or the Egg' scenario.

The fact is, you will probably have already invested your IT budget on the best system you could afford, so you are literally at the limit. You will have so many ways of doing things and options, that you will have found a way of doing the basics i.e. Invoicing the Customer, and stopped exploring after making this major and most important breakthrough.

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Visit the Poppy Travel website for details at www.poppytravel.org.uk.

In Flanders Fields

By: Lieutenant Colonel John McCrae

In Flanders Fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we lie
In Flanders fields.
Take up our quarrel with the foe:
To you from failing hands we throw
The torch, be yours to hold it high.
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Sun 1st Nov. Under the Nab

6 mile circular walk. Meet Jim Thornber at 11 am at Oxenhope Post Office. Bring a packed lunch.

Sun 1 Nov. Oakworth Methodist Church, 4.30 to 6.30pm, **Hallelujah Party for Kids.**

Sun 1st Nov. Sutton Village Bonfire and Fireworks. From 5pm Family event. Food stalls, glo sticks, spectacular display. Crag Lane field. Contact 01535 636639 for more details. Donations at gate.

Thurs 5th Nov. Bolton Abbey Fireworks & Bonfire. In support of Manorlands. Gates open 6pm Bonfire: 7.00/7.30pm Fireworks: 8.00/8.15pm

Food & Drink Hot fast food - burgers, hot dogs etc. Entertainment, DJ " children's entertainers Face painters, balloons, magicians, clowns, circus acts, etc. Book Now to avoid queues on the night bo Tickets: £6.00 pp (0)1756 718155.

Fri 6th Nov. Haworth Parkside Social Club Bonfire 6.30pm. Entrance is free. You can watch fireworks from inside. Family disco upstairs, two bars open. All welcome.

Sun 8th Nov. Remembrance Sunday. 10.45am Holden Park Oakworth for Prayers & Tributes.

Sun 8th Nov. Remembrance service Haworth Parish Church 10:45am followed

COMMUNITY PAGES

by 1200 -Act of Remembrance and wreath laying ceremony at the Cenotaph at the bottom of Bridge House Lane.

Wed 11th Nov. Millennium Way Circular 5 miles. Bring packed lunch. Meet Jeff Brodrick at 10:30 opposite railway station in Oxenhope.

Sun 8th Nov Fri 13th Nov. Haworth Cricket Club's Big Night Out, Well-known TV celebrity Mike Kelly is the star guest at Sandal Farm. Contact Frank Rowell on 01535 645562 or 07870 593035

Sat&Sun 14th 15th Nov. Scroggling the Holly. A procession of local children in traditional Victorian dress welcome Santa and the Christmas spirit to Haworth.

Sun 15th Nov. Keighley Farmers Market at Church Green, Keighley 9:30 - 1:00pm.

16th to 21st Nov. Haworth West Lane Baptist Amateur Operatic Society is presenting **The Gondoliers** at the church at 7.30pm with a matinee performance on

Saturday at 2.15pm. Tickets available from Vera on Haworth 643425. £8 adults £5 children. Over 60's £6 on Monday night and Saturday Matinee.

Tues 17 Nov. AGM of Oakworth Forward, 7.30 pm at Holden Hall Oakworth. Nicole Ballantyne 647433

Wed 18 Nov. Christmas Cheer at East Riddlesden Hall 5-8pm Christmas late night opening in the shop, discounts and promotions.

Tearoom open; Join the Christmas supper club and shopping evening for a night of festive cheer! 01535 607075 contact: samantha.lawson@nationaltrust.org.uk

Thur 19 Nov. Christmas Lights Switch-on. 6.00 pm , Church Green., Keighley. Town Centre Manager 618085

Sat & Sun 21ST/22nd Nov. Haworth's first ever **Christmas Market** including stalls, fairground organ, jazz band, and more. see Haworth Village websites for details. www.haworthvillage.co.uk/ or www.haworth-village.org.uk.

Sat 21st Nov. Veritass are celebrating 20 years in business with an **Anniversary Party** at Sutton Village Hall. This is a fund raising event for Manorlands Big Wigs Challenge. Tickets are £15, includes a pie and pea supper and live band Total Wrex. Admission ticket only. Contact Alison or Karen on 01535 649150.

Sat & Sun 28th-29th Nov. Pipes, Bows and Bells Weekend: A celebration of music and dance. Haworth Village.

Sat 28th Nov. Community bulb planting

and village tidy in Stanbury. 2-4pm (Meet at Stanbury Church). Followed by mince pies and the Christmas Fair at the Wuthering Heights pub. From 4pm. All welcome.

Sat 28th Nov. From Laptop to Bookshop, The Mslexia Roadshow: Mslexia is a magazine for women who write. The Mslexia Roadshow offers a day of creative writing opportunities. Book on to events individually or for the whole day. Sponsored by the Bronte Parsonage Museum, Haworth. contact jenna.holmes@bronte.org.uk / 01535 640188 for details.

Haworth Hawks Table Tennis Club. For all ages from 6 to 106. Keighley Table Tennis Centre. Fri evenings. Contact Andy Bray 07766428307

The Oakworth in Bloom Group have again been working hard at Holden Hall this year. The flower beds which were created last year have filled out and now look better than ever. The barrels were replanted with summer bedding, and the hanging baskets rehung to give a real splash of colour at the front of the Hall. Best of all, and with the support of Oakworth Forward and the Village Society, the area between the hall and the pavement was terraced and planted – what a transformation! The materials used look like traditional sleepers – in fact, they are recycled plastic; a product increasingly in use across the Dales Park. The Group's hard work was recognised when Holden Hall was awarded a Silver Gilt award by Yorkshire in Bloom, with the judge recognising the commitment and enthusiasm of the volunteers both in carrying out the work, and in raising the funds to continue with it. New ideas are always welcome, as is an extra pair of hands. So if you would like to help in any way, leave a message at the contact point in Holden Hall. 644197

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Correction: Rebecca Marshall of Haworth Physio recently completed the Asics Running Course. (Not the A6 Running Course as reported last month!)

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"This is Christmas shopping with the added benefit of giving to a worthwhile local charity."

Thinking ahead to the party season, a mini muffin pan is one of the most versatile and cost effective tools you can have in your kitchen; pair it up with a tart shaper and even the youngest members of the family can join in with making delicious and simple bite-size tarts and appetisers.

This month Worth Valley Mag is working with your local Pampered Chef consultant to support Lilies of the Valley, the local charity that supports and encourages young mothers and operates from 72 Cavendish St. in Keighley.

www.liliesofthevalley.org.uk

For every mini muffin pan and tart shaper ordered this month, £4 will be donated to LofV. The mini muffin pan is so easy to use; just roll a small ball of ready made pastry (about the size of a large marble), pop it in each cup and press firmly with the tart shaper. You can also use it for filo shells, tortilla cups or even puff pastry with your favourite fillings.

A few delicious ideas to get you started – check out the news page on my website for another 30 ideas!

www.pamperedchef.biz/nel

1. Goats cheese and caramelised red onion tartlets: - take a block of ready made shortcrust pastry and cut into 24 pieces. Roll each one into a ball and pop one into each cup of the mini muffin pan. Dip the end of the tart shaper into a little flour and press firmly on each ball to form the tart shell. Fill with half a teaspoon of

red onion chutney and top with a small slice of goats cheese. Bake 15 mins at 200C, gas 6.

2. Crispy filo chicken baskets: take 2 sheets of filo together and cut into squares of approx 2 1/2 " / 6 cm . Lightly spray the mini muffin pan with vegetable oil and put one set of squares in each one. Spray with a little oil and then take

another set of squares and put at a 90 degree angle to the first ones, and press the centre down and bake for around 10 minutes until brown and crisp.

Allow to cool and fill with a mix of chopped chicken, celery, garlic, zested lemon and a little mayo or crème fraiche

3. Easiest of all - Chocolate

caramel tarts: shortcrust pastry shells with a rolo in the middle!

The deluxe mini muffin pan and the tart shaper together are only £20.70 (Local UK delivery included) of which £4 will go to Lilies of the Valley. To order and support this worthwhile cause, go to www.pamperedchef.biz/nel and "our products" click "how to purchase" and enter "lilies of the valley" into the organisation name. Or you can email nel.hargrave@googlemail.com or text/or call Nel on 07835 115900 evenings and weekends.

PS – 20% of anything else you order at the same time will also be donated to Lilies of the Valley – so why not start some Christmas shopping early!



Mini Muffin Pan & Tart Shaper Offer



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