


WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

March 2009



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WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY



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We continue to support the campaign to Keep Trade Local with the publication of more information from Jenny Sergeant, the FSB's Regional Organiser, and ideas on how you might choose to get involved. Kris Hopkins, our Worth Valley ward councillor and Leader of Bradford Council, has pledged to back the FSB's initiative (pp 20/21). If you have ideas for encouraging the growth of our local economy we'd be delighted to hear from you. This information will be fed back to Jenny and Kris and will help to formulate an action plan for our area.

March 22nd is Mothering Sunday. Nel's muffin recipe (p. 36) is particularly suitable for adolescents or teens hoping to impress Mum on her special day, (Dads will need to supervise younger children). We tested the recipe in my household and the results were spot on. My 12 year old son and his sister, aged 15, enjoyed experimenting with the fillings. (Blueberry with lemon zest was the clear favourite).

The Bronte Parsonage Museum is admitting Mums free of charge on March 21 & 22 in celebration of Mothering Sunday. (All Mums must be accompanied by a child!)

Enjoy! Liz



Liz Barker

Say you saw it in the Worth Valley Mag!

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Quiz Night Wed - CASH PRIZES

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PAWS 4 a WALK



When Amy Borsay established her pet care service, **Paws 4 a Walk**, it was only after considerable research and planning.

With 15 years experience looking after all kinds of pets including dogs, cats, rabbits, guinea pigs, hamsters, and more recently chickens, Amy has nurtured a passion for animals for quite some time. But in addition to that, she has met with established pet care professionals in the UK to discuss best practice and the latest in pet care techniques and equipment. After much planning and investment in equipment, including a purpose built van, **Paws 4 a Walk** opened for business last October.



Rufus, a gorgeous 16 month old border collie, lives with Amy and her partner Jimmy at the Waggon & Horses pub in Oxenhope. (Hebden Bridge Road) The animal friendly

pub serves as a perfect location for a drink or a homemade meal as well as a handy place for Amy to meet prospective clients. Rufus is the pub mascot and has attracted a steady flow of admirers! Some have become **Paws 4 a Walk**

customers and entrusted their pets to Amy's care after seeing the professional, common sense, and flexible philosophy Amy brings to her business.

The services provided by **Paws 4 a Walk** include a dog walking service from £5, trustworthy pet sitting for any domestic animal, and a reliable taxi service to transport pets to appointments. .

"Amy has been looking after my dogs on a regular basis for the past six months. I have found her to be very reliable, caring and excellent with my dogs. Not only does she genuinely care, she has a no nonsense attitude which inspires confidence in her abilities. I am proud to say I regard Amy as not only a friend to my dogs, but also a friend to me."

Amy's pet care services are extended to all of the villages in the Worth Valley. Phone to discuss your unique requirements. Or better still, call in to the Waggon & Horses for a drink and a chat. (You can say hello to Rufus too!) **01535 649192 07799 040747**. Further explanation of the **Paws 4 a Walk** services can be found on www.paws4awalk.net. Or email amy@paws4awalk.net.



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(And mention you saw it in the Worth Valley Mag)

Brontë Parsonage
Museum Haworth



Brontë Parsonage Museum

MUMS GO FREE!

Saturday 21 & Sunday 22 March



The Brontë Parsonage Museum is celebrating Mothering Sunday by offering free admission to mums accompanied by a child - no age restrictions!

- Free Mother's Day art and craft activities for children
- Exhibition of costumes from new ITV Wuthering Heights
- New displays for 2009 throughout the Parsonage
- Newly refurbished exhibition room featuring Brontë treasures and fun interactives for children and families
- Free children's guide to the museum
- Books, gifts and souvenirs in the museum shop



www.bronte.info 01535 642323 bronte@bronte.org.uk

The Stirrup RESTAURANT

Haworth - 103 Main Street - 01535 642007

Mother's Day Menu

Starters

Home-made soup of the day (see board) with bread £4.25
 Chicken liver & brandy pate, toast & home-made chutney . £4.75
 Stirrup prawn cocktail with piquant sauce £4.75
 Warm goats cheese on roast vegetables with basil pesto . £4.75
 Smoked salmon, potato and dill pickle salad, mustard and honey dressing £5.50

Main Courses

Stirrup fish pie in white wine and tarragon sauce topped with cheesy mash and served with broccoli. £11.50
 Char grilled locally reared sirloin steak, dauphinoise potatoes, carrot puree & spring greens with madeira sauce £14.95

Breast of chicken filled with sundried tomatoes and gruyere cheese New potatoes, vegetables, tomato & basil sauce £12.50
 Freshly baked vegetarian tartlet, dauphinoise potatoes £9.95
 Chargrilled fillet of salmon, chive buttered new potatoes, vegetables of the day and tarragon sauce £11.95
 Roast rack of lamb, roast potatoes, vegetables of the day & home-made mint sauce £13.50
 Steak, ale & mushroom pie, creamy mash, vegetables & jug of gravy £11.50

Desserts

Apple & plum cobbler with custard £4.50
 Red berry crème brulee with raspberry ripple ice-cream £4.50
 Chocolate brownie, icecream & hot chocolate sauce £4.50
 Sticky toffee pudding with pouring cream £4.50

All of our dishes are home made using local produce whenever possible. All our food is GM free but may contain nuts

Alfe's Charity Event

AIREDALE CHILDREN'S UNIT APPEAL - JoJo MONDAY 2ND MARCH 2009

5 course banquet

AT **£29.95**
PER PERSON



Guest of Honour
Mr Mark Lawn
(Joint Chairman of Bradford City AFC)
and
Mr Stuart McCall
(Manager of Bradford City AFC)

Live entertainment Lion Dance
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Live auction hosted by Mr Mark Lawn.
100% of meal, auction and raffle revenue goes to Children's Unit Appeal.

SOUP
Tom Yum Soup (h) *or*
Cream of Sweet Corn (v)

SPECIAL MIXED HORS D'OEUVRES
Butterfly King Prawns, Crispy Spring Rolls, Peking Spare Ribs, Chicken Fillet Satay, Crispy Seaweed (mock), Sesame Prawn Toast *or*
Vegetarian Mixed Hors D'Oeuvres (v)

OPTIONAL COURSE
EXTRA £2.99 P.P. (min. 2 people)
CRISPY AROMATIC DUCK
served with steamed pancakes, cucumber, spring onion and hoi sin sauce *or*
Vegetarian steamed vegetable (v) served with steamed pancakes and hoi sin sauce.

MAIN COURSE
Choose one of the following:
Sizzling Fillet Beef Cantonese
King Prawn in Oyster sauce
Duck in a Plum Sauce
Chicken Fillet in Lemon Sauce
Stir Fried Vegetables served in a birds nest (v)
served with yung chow fried rice or chips

DESSERTS
Choose one of the following:
Fruit of the forest Cheese Cake
Chocolate Fudge Cake (v)
Lychees (v)
Chocolate Fountain



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The brass is gleaming at the Golden Fleece in Oakworth ever since the pub was given a new lease of life with the completion of a comprehensive overhaul



including painting and decorating, installation of new toilets, and the creation of a spacious beer garden. The charm of the place has been retained and a traditional pub with an olde world feel remains intact.

This month, Landlord and Landlady, Tony and Denise Holmes, (pictured above) are pleased to begin serving home cooked meals and bar snacks from their updated kitchen. (Last year their kitchen received a 4* rating in the district's "Scores on the Doors" cleanliness gauge). Denise has created a lovely dining area that will comfortably seat 20. Special events, funeral teas, and christenings can be catered to suit a variety of needs

with a choice of a hot or cold buffet to serve larger numbers.

Also beginning in March, a Pensioners Special will be available on a Wednesday lunch time featuring a 2 course roast dinner. Sunday Dinners will be on the menu and a Daily Specials board will offer variety throughout the week.

Starting March 2nd and then following on every fortnight, Quiz Night will deliver plenty of enjoyment with a free supper provided and cash prizes awarded on the night. Every six weeks live entertainment will be scheduled in the diary. Keep an eye out for posters or a display board which will inform the community

of specific event details. Most major sporting fixtures are broadcast via Setanta on a new flat screen television in the main room of the pub. The ever popular Timothy Taylor cask ale remains the guest beer on tap.

Tony and Denise are pleased to welcome customers old and new to the Golden Fleece. Bring the family and enjoy the traditional atmosphere.



Sponsored by **D&R CONSTRUCTION** PHONE OR FAX: 01535 647166
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Where in the Worth Valley? COMPETITION

Can you identify the building or landmark indicated by the red cross in this photograph? (right)

This month's prize is generously donated by Keighley & Worth Valley Railway Day Rover Ticket

Email your answer this month to: mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by the 15th of March 2009.



February's winner was Lee Hewitt from Haworth; the location was Oakworth Health Centre

Google Earth ©

WEBSITE OF THE MONTH

walkit.com

a step in the right direction

Want to know how to get from A to B without getting in the car? Designed to encourage us to use our feet rather than our wheels, walkit.com offers a simple route finder for people who'd rather burn up calories than petrol. It'll tell you how long it should take you to complete a walk based on various speeds and as well as a map it can also provide easy to follow instructions. It's a fairly new site so you may not always find that shortcut across a field you expected, but with more user contributions it expects to grow in to the most comprehensive walking guide on the net. www.walkit.com

MOTHER'S DAY WORD SEARCH

f	m	u	m	n	g	g	p	r	mum caring parent mother love nurture flowers cook serve give play support
e	a	i	r	r	g	i	a	e	
s	u	p	p	o	r	t	v	p	
r	e	h	t	o	m	m	g	e	
e	r	u	t	r	u	n	v	v	
w	g	m	o	y	i	r	u	o	
o	e	p	a	r	e	n	t	l	
l	o	l	a	s	s	u	n	e	
f	p	c	o	o	k	o	a	m	

Search for the traditional words listed above associated with mothers.

THE Puzzle Cellar

STORMY WEATHER
GAYLE CUMMING

CAN YOU SOLVE THIS RIDDLE?

Each line of this verse is a clue to a letter, which will spell a five letter word

MY FIRST IS IN LEG, BUT NOT IN KNEEL.
MY SECOND IS IN DEALER, BUT NOT IN DEAL.
MY THIRD IS IN STEP, BUT NOT IN STAIR.
MY FOURTH IS IN BEARD, BUT NOT IN HAIR.
MY LAST IS IN RAIN, AND ALSO IN SNOW.
MY WHOLE USUALLY TELLS YOU WHEN TO GO!

QUIZ SEARCH

You HAVE TO ANSWER THE FOUR QUESTIONS, THEN FIND OUT THE LETTERS OF THE ANSWERS IN THE GRID. THE FOUR LETTERS REMAINING IN THE GRID WILL SPELL THE NAME OF A PLANET. WHAT IS IT?

1) Which animal can swim under water?
A) CAT
B) FROG
C) SQUIRREL

2) Which colour would you see in traffic lights?
A) BLUE
B) BROWN
C) GREEN

3) Which of these is a type of hat?
A) SCAP
B) CARP
C) CAP

4) Where would you wear clogs, on your...?
A) HANDS
B) HEAD
C) FEET

A	G				
M	F				
R	E	C	T	E	R
F	S	E	R	G	N
A	P				
E	O				

WORD GAMES
KEN U. FINDUM

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Answer to Riddle GREEN. 1) FROG 2) GREEN 3) CAP 4) FEET. Planet MARS.



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by Karen Whitehead of The Green Room



LaStone Therapy has many levels. It goes beyond the physical experience of typical massage and enters deeper dimensions of relaxation, health and well-being, creating an integrated approach to the 'Body, Mind, Spirit' philosophy. LaStone is about creating balance.

This unique technique combines massage with the use of hot, smooth Basalt stones and chilled Marble stones. The hot and cold stones encourage blood flow through the muscle tissues, flushing toxins and triggering the body's self-healing mechanisms. The effects can be pleasantly felt throughout the body for many days after a treatment.

"The whole experience was fantastic, immensely calming but so different to any other massage therapy I've had before."

LaStone is extremely energising and warming for the body and at the the same time it nourishes the soul

and relaxes the mind. By using the stones in combination with traditional massage techniques, LaStone is ideal for back pain, stress related conditions and sluggish systems.

"The whole experience was superb; I have never had a massage which has made me feel so relaxed whilst being performed with the end result of feeling that my batteries had been recharged.....pure bliss"

Basalt stones and Marble stones have been shaped by Mother Nature over hundreds of years and washed in her rivers giving beautifully smooth stones of all shapes and sizes.

Hot Basalt stones are used for their penetrative warmth to help relax deep muscular tension and improve general circulation. The sensation is deeply spiritual, one feels cocooned in the heat of the stones as if enveloped in a warm embrace.

Chilled Marble stones are used for their cooling, decongesting and cleansing action. They have a refreshing and invigorating action on the body.

Each different shape and size stone has a specific role in the therapy. Some stones

will be placed on the couch to line up either side of ones spine to lie on. Other stones are placed on the chakra points of the body, naturally balancing the vortexes of energy. Others are tucked around the body to infuse it with their warmth.

LaStone therapy is far more than a massage with hot stones; it is a multi-dimensional journey that reaches the very soul.



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Say you saw it in the Worth Valley Mag!



The FSB launched the Keep Trade Local campaign with the intention of inspiring

small business owners and communities to come together and make this a powerful grass-roots campaign with a far reaching message. The FSB has nearly 200 members in the Worth Valley area which is part of the Bradford branch district. FSB-Bradford is supporting the FSB's Keep Trade Local campaign by organising a series of meetings over the coming months on the theme 'Keep Trade Local and Beat the Recession'. In addition to having a speaker talking on a topical business issue, members will look in particular at how they can support each other and so enhance the sustainability of local towns and communities. The next meeting is on Thursday 26th March 7:00 for 7:30 at the Dubrovnik Hotel, Bradford, BD8 7AQ. For further information contact Jenny Sergeant, Regional Organiser on 01977 690032 or email jenny.sergeant@fsb.org.uk

Keep Trade Local is a concept which speaks to everyone who wants to see the future of their communities and local high streets safeguarded. The FSB is campaigning to secure the future of small shops and local traders across the UK and to safeguard the choice and competition that people expect in the market place. The FSB wants to see local retail planning decisions reflect the needs of the local community; a review of business rates in town centres; and an end to unfair commercial practices, such as

Help Keep Trade Local

below-cost-selling. The Keep Trade Local Manifesto sets out the issues that the FSB wishes to highlight in this campaign: planning; parking; business rate relief; crime prevention; post office closures and public procurement. All these issues need to be addressed locally as well as by the Government to ensure that our local communities remain vibrant. The number signing the Keep Trade Local petition continues to grow <http://petitions.pm.gov.uk/keeptradelocal/> or they can be downloaded from the Keep Trade Local pages of the FSB's website www.fsb.org.uk

By supporting the campaign in this way and by doing what you can to use your local high street and the businesses around you, you will help secure your community's future prosperity.

What are you doing now? If you've got a story about how you help Keep Trade Local, whether you're a local business or someone who uses local businesses, or comments on the value of small businesses to the local economy and sustainability, the FSB wants to hear from you. Jenny Sergeant, Regional Organiser is collecting 'I Help Keep Trade Local' stories for a special feature in a forthcoming issue of the FSB's West Yorkshire Voice which is distributed to over 5,500 small businesses across West Yorkshire. Contact Jenny on 01977 690032 or email (as previous).

Worth Valley



Kris Hopkins, Leader of Bradford MDC & Parliamentary Candidate

When asked, I was only too keen to offer my full

support to the Federation of Small Business (FSB) "Keep Trade Local" campaign and to add my name to the online petition which, at the time of writing, had attracted more than 5,000 signatures.

The catalyst for the campaign was a report from the House of Commons All-Party Small Shops Group which estimated that, at the current rate of closure, there would be no independent retailers left in the UK by 2015 – a loss of 50,000 small businesses.

This is a tide which must be turned, particularly given the catastrophic damage the closure of shops and other outlets would have in areas like Worth Valley, the ward I am proud to represent on Bradford Council.

With its unique tourist economy and with attractions like the famous "Bronte Country" at its heart, we simply cannot stand by and allow our community and others like it be decimated by the power of big business.

As well as being Leader of Bradford Council, I am also the Conservative Parliamentary Candidate for Keighley

and Ilkley. I have already spent a lot of time in my campaign defending our local Post Offices from closure. Post Offices are small businesses too and, as the FSB rightly points out, their closure has a very damaging impact on other small businesses and communities – especially in rural areas such as Worth Valley.

There must also be changes to the planning regime to stop out of town retail developments drawing people away from their local high streets.

And business rates must be reviewed to stop the burden falling wrongly and disproportionately on small businesses.

Whilst I am familiar with many of the problems faced by small businesses here, I don't claim to know them all and I certainly don't have all the answers.

That is why, in the coming weeks, I intend to ask as many small businesses as possible in Worth Valley to complete a survey which asks for their thoughts and solutions to the problems they currently face. Should this exercise prove successful, I plan to issue the survey to other firms in the Keighley and Ilkley constituency.

Working together and learning from each other, I hope we can do some good.



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contact Matthew Price

Listen For The Silence

by George Bingham

Listen for the silence of the mountain spring
As it skips the rocks with youthful glee,
Rich with droplet gems, care-free.
An unseen lark's song paints the midday sky,
Its trills and glissandos pirouette and play,
An aria unmatched in nature's mastery,
When you listen for the silence.
Listen for the silence of the rain-washed glade.
Where 'peckers tap their tidy tattoo,
And ants parade in silent hullabaloo.
The rain-weighed boughs tease their parent
roots,
Strangely close, an almost kiss,
Bearing down with aqueous gifts,
When you listen for the silence.
Listen for the silence of the late spring lea,
Where lonesome lambs' laments ring home,
Heeded by mothers and you alone.
A crow might caw. A dragonfly might hum,
Or perhaps ... just ... come ... to rest,
The untimely warmth stifling its zest,
When you listen for the silence.
Listen for the silence of the moon-bright night.
The stars proclaim their bright existence,
An infinite symphonic incandescence.
"Who heeds my hail?" a distant owl demands.
The echoes are their own reply,
A fragile, hushed cacophony,
When you listen for the silence.
Listen for the silence of your baby's breath,
A soft, so chamois soft, caress,
As she sleeps the sleep of innocents.
Untouched yet by life, un-weighed, care-free,
She dreams sweet dreams, and thus enthralled
You see your dreams for her unfold,
When you listen for the silence.

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Say you saw it in the Worth Valley Mag!

COMMUNITY PAGES

Thursday 5th March

Upper Worth Valley History Group Open Archive, 1.00pm - 3.00pm, 28 Changegate, Haworth. If you would like to know more about where you live, who lived in your house, or you are trying to trace your family tree, feel free to drop in. The History group would also be interested in any local history you might have such as photographs, pamphlets, old documents. We would also be interested in any oral history you can recount.

Saturday 7th March

Table top sale in aid of Haworth Cat Rescue, at West Lane Methodist Hall, Haworth, between 9:30 and 11:30am.

Sunday 8th March

Cinderella Factor. Worth Valley Young Farmers present their version of Cinderella, in a pantomime to be performed at Victoria Hall, Keighley at 4:15pm. Doors open at 3:45pm. Tickets priced at £3 for adults and £2 for children/concessions can be purchased by telephoning Matthew Binns on 01535 640448 or Tom Ogden on 07966 625363.



Saturday 14th March
Alter Ego Graphology Day at the Bronte

Parsonage Museum. As part of the Alter Ego exhibition, the Museum has commissioned graphologist Diane Simpson to analyse examples of Charlotte, Branwell, Emily and Anne's handwriting. Diane will be working with visitors during a one-day special event to reveal her findings and discover what your own handwriting says about you. Free on admission to the Museum.

Sunday 15th March

Guided Tour of the Keighley & Worth Valley Railway. Price per person is £29.50 and includes a full buffet lunch. To book call Haworth station during midweek office hours on 01535 645214

Sunday 22nd March

Keighley Big K 10K at Victoria Park. A multi-terrain 10K route linking parks and scenic paths. Suitable for all abilities [runners and walkers welcome]. A sponsored event in aid of Sue Ryder care Manorlands Hospice (incorporating Keighley BIGK Mile

Events). For details, entries and further information see www.sportkeighley.com or ring 07919 477861 or see www.suerydercare.org/manorlandshospice. Entries £8.00 (£15.00 on the day, subject to capacity)

Sunday 22nd March

Mothers Day Luncheon Train (daytime) on the Keighley & Worth Valley Railway. For more information visit the KWVR website: www.kwvr.co.uk

Saturday 28th March

In the steps of the Brontes: 5 mile (8km) circular Bronte themed walk on little used paths. Meet David Oates at the top of Back Lane, Stanbury (300yds up from Stanbury bus terminus) at 11am. Packed lunch required.

Monday 29th March

Oxenope Singers & Wilsden Band Oxenhope Village Hall, 7.15pm.

Tuesday 31st March

Firth's 'My Fair Lady' Fashion Show will be held at the Haworth Parish Church Bronte School Room at 2pm and again at 7pm. All proceeds from the show will be shared between two chosen charities, Marie Curie Cancer Care and Harry's Appeal (Alzheimer's). Tickets are available now from Firths at a cost of £10



Saturday 4th March - Sun 19th April

Keighley And Worth Valley Railway Easter train services operating every day Contact KWVR tel. 01535 645214

Travelling Library

Cross Roads: 11.20-11.35am.
Upwood Caravan park: 11.50-12.10pm
Oxenhope, best lane: 1.25-1.40pm,
West Lane: 1.45-2pm, Gledhow Drive: 2.05-2.20pm, Marsh: 2.25-2.35pm,
Haworth, Sun St: 2.45-3.25pm, Station Rd: 3.30-3.50pm, Victoria Rd: 3.55-4.35pm, Stanbury, Main St: 5.20-5.35pm, Bus Terminal: 5.40-5.55pm,
Haworth, Heathcliff: 6.05-6.40pm,
Myholmes: 6.45-7.15pm. Home visits available 01274 433669.

Worth Valley Young Farmers meet

at Parkside Social Club on Tuesday evenings, at 7.45pm. For further information contact Andrew Wood 07786273718

Police community contact points

Haworth: Tues 12-2pm, Wed 12-4pm, Thurs 1-3pm, Fri 12-4pm, Sat 10-12pm. Oakworth: Mon 9-11am

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Subject: INSTALLING A HUSBAND

Dear Tech Support,
 Last year I upgraded from Boyfriend 5.0 to Husband 1.0 and noticed a distinct slow down in overall system performance, particularly in the flower and jewellery applications, which operated flawlessly under Boyfriend 5.0. In addition, Husband 1.0 uninstalled many other valuable programs, such as Romance 9.5 and Personal Attention 6.5, and then installed undesirable programs such as: FISHING 5.0, FOOTBALL 3.0 and Golf Clubs 4.1

Conversation 8.0 no longer runs, and Housecleaning 2.6 simply crashes the system. Please note that I have tried running Nagging 5.3 to fix these problems, but to no avail. What can I do?
 Signed,

Desperate

DEAR DESPERATE,

First, keep in mind, Boyfriend 5.0 is an Entertainment Package, while Husband 1.0 is an operating system. Please enter command: ithoughtyoulovedme.html and try to download Tears 6.2 and do not forget to install the Guilt 3.0 update. If that application works as designed, Husband 1.0 should then automatically run the applications Jewellery 2.0 and Flowers 3.5.



However, remember that overuse of the above application can cause Husband 1.0 to default to Grumpy Silence 2.5, Happy Hour 7.0 or Beer 6.1 Please note that Beer 6.1 is a very bad program that will download the Farting and Snoring Loudly Beta.

Whatever you do, DO NOT under any circumstances install Mother-In-Law 1.0 (it runs a virus in the background that will eventually seize control of all your system resources.)

In addition, please do not attempt to reinstall the Boyfriend 5.0 program. These are unsupported applications and will crash Husband 1.0.

In summary, Husband 1.0 is a great program, but it does have limited memory and cannot learn new applications quickly. You might consider buying additional software to improve memory and performance. We recommend: Good Cooking 3.0 and Hot Lingerie 7.7

Good Luck

Tech Support

Say you saw it in the Worth Valley Mag!

OAKWORTH IN BLOOM

Oakworth in Bloom, a small group of residents sharing an interest in gardening formed in the spring of 2008. The aim was to improve the village environment, but they were delighted last year to win a Certificate of Merit from Yorkshire in Bloom for the work they had done at Holden Hall in Oakworth. This is the second highest award in the public building category and is an unexpected but welcome affirmation of their efforts.

At Holden Hall the group planted half barrels and put up hanging baskets at the front, restored two flower beds at the side and made another bed and tidied up the lawn at the back. In



the future the group plans to create more planting at the front, and install an automatic, environmentally friendly watering system. They were also awarded a Certificate of Merit for this work from Keighley in Bloom.

After being approached by Keighley Town Council, and with the approval of Bradford Council, the group "adopted" the roundabout at the top of Highfield Court. With contributions of both cash and hard labour from local residents, the roundabout was transformed from a muddy eyesore to (we think) a thing of beauty! The residents are now keeping up the good work and have taken ownership of this project. With the help of local Brownies and Guides, the group also planted some 200 bulbs in the roundabout on Cure Hill which

should make a good show of colour this spring.

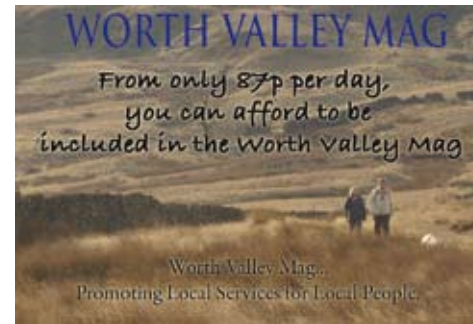
Fund raising stalls at both Oakworth Gala and the Christmas Fair helped raise both much needed funds and public awareness of our aims. The group provide the people power, but are grateful to have received funding for projects from Keighley in Bloom, B & Q, Oakworth Co-op and CSV Action Earth among others

Some thought was given towards entering Oakworth in the Urban Community category of the Yorkshire in Bloom competition for 2009, but they have decided instead to develop from last year's efforts and enter Holden Hall in the same category. Entry for Y.I.B. is a

major undertaking which will need wider support from the community. Even so, already some local businesses have agreed to put up hanging baskets or window boxes, and maybe next year, if more businesses and individuals come forward to help, we shall have enough support to enter as a village.

If you think your street would benefit from a partnership project, like Highfield Court, or if you are interested in helping us make Oakworth a more colourful place to live, then please contact us by ringing Hilary Healey on 07761 791780 or come to the next meeting on 12th March at 7.00pm in Holden Hall. You don't need horticultural knowledge - just enthusiasm and interest- so all are welcome.

To advertise call Liz or Janet on 01535 642227



The Harehills Foundation Trust is a charity established in 1744 offering financial aid to help pupils and students with their education.



The Trustees are seeking applications from individual students who reside within the eligible area of the Trust. This means the area of the former Oakworth Urban District Council, excluding the former Laycock Ward and as such parts of the former Oldfield and Stanbury Ward as lies outside Oakworth Parish. The Trustees will consider all applications from residents living within this area and a Grant will be made to those most eligible. Written application stating residence address, should be sent to Clerk to the Trust, c/o Oakworth Frist School, Station Road, Oakworth, Keighley BD22 7HX. Applications must be received by 27th April 2009.

Say you saw it in the Worth Valley Mag!

SLACK ALICE

SAVE THE DATE!
Appearing at Haworth Community Centre, Butt Lane on **Saturday 18 April** are The Legendary

Cliff Stocker's, 'Slack Alice' Rhythm 'n' Blues band. They are a prodigiously talented band who have been on the music scene for over 25 years. (Yes, some of us 'oldies' remember them way back in the 70's).

Doors open 7.30 pm. Proceeds from the 'gig' are going to the Myeloma UK charity.

"The legendary SLACK ALICE have produced a brilliant tapestry of the Blues genre.... superb guitar work of Chris Preston and Colin Redmond overlaid by the spine tingling raw emotion of Stocker's lyrics, knitted together with a rhythm section...."

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email krysia.dodson@btinternet.com

A 'Music' committee is being formed in Haworth. Anyone interested please tele one of the above no's. Any musicians/singers in the area, we would be interested to hear from you for future events.
krysia.dodson@btinternet.com

Calling all kids... get baking this Mother's Day with Nel's Muffins for MUMs

- 125g butter
- 250g granulated sugar
- 2 eggs
- 250g plain flour
- 250 ml milk
- 2 teaspoons baking powder
- 1 teaspoon vanilla extract

1. Put the paper muffin cases in a Yorkshire Pudding sized muffin tin (or if you haven't got one, just put one case inside another, so you have double thickness, and put them side by side on a baking tray). Now put the oven on at 375 F / 190 C / gas mark 5

2. In a large mixing bowl, melt the butter (you can do this in the microwave) and beat in the eggs and sugar until smooth

3. Add remaining ingredients and fold together, but not too well – the batter should still look a bit lumpy. A good silicone spatula is useful for this if you have one.

4. Fill 4 of the cases about three quarters full with the plain vanilla mix

5. Separate the rest of the mixture into two bowls, and into each bowl add your mum's favourite flavours – here's some ideas:

- a handful of blueberries and some lemon zest (this is the grated skin of a lemon)
- a handful of white chocolate



buttons and some chopped strawberries

- half a chopped apple, dried apricots and raisins and a teaspoon of cinnamon
- half a chopped banana and some chocolate buttons.

6. Fill another four paper cases

with one of the mixtures, and then the last four with the other mixture – you should have a tray of 3 different flavoured muffins

Pop them into the hot oven for about 20 minutes.

NOW you can do the washing up and wipe down all the surfaces so it really is a Mothers Day treat when your mum comes into the kitchen!

When they have risen and cracked on the top, take them out and let them cool for 5 minutes in the tin (I know it's hard not to eat them straight away). Then take them out and let them cool a bit more on a wire rack (this stops the bottoms going soggy). Now you can take them in to your mum with her Mothers Day card and share them.

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WORTH VALLEY MAG

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Do you have a local business or service to promote? Help us keep trade local and support the community.

We are currently working on the April edition... Let us know if you would like us to save you a space.

Confirmation of booking deadline is Tuesday, March 17th

Artwork final sign off is Friday, March 20th



Remember... April 12th is Easter!

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- ✓ Book your space for 3 to 12 consecutive months and save!
- ✓ Did you know...our business card size ad costs as little as 87p a day!
- ✓ If you are a member of the FSB (Federation of Small Businesses), we will offer you a further discount this month.

(offer extended until April 1st. You must confirm your FSB membership number at time of booking.)

- ✓ Would you like your business to feature in our **April Spring Cleaning** section? Call for more details.
- ✓ Calling all garden maintenance specialists and landscape designers...we will have a special **Garden Tidy** section in the April magazine.

CALL US TODAY to discuss your unique requirements

01535 - 64 22 27 or email us info@worthvalleymag.co.uk

We are working to keep trade local :)

Please note: promotions cannot be combined.

Promotional bookings are subject to space availability. Payment is made in full at the beginning of a campaign.

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