

# WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

June 2012



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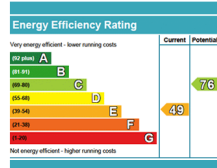


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I am very aware that I have picked up the slightly annoying habit of mentioning the weather in my opening messages in the Worth Valley Mag, but please indulge me once again..

Having lived in this glorious country for 22 years now, I can honestly say I have never experienced a continuous spate of fabulous weather such as we have recently enjoyed in May. I hope the Queen's Jubilee weather will be equally superb; 60 years on the throne and HRH deserves a bit of sunshine for her big celebrations.

In Haworth the 1940's weekend went off without a hitch this year thanks to a dedicated team who were committed to making it happen. It is clearly a big event to undertake by non professionals and one that will need advanced planning to ensure the whole community benefits in future. On pages 8/9 we put together a roundup of the event.

Congratulations to Welcome to Yorkshire for their Bronte inspired double award winning garden at Chelsea Flower Show this year (p20,21) We are so fortunate to have this awesome landscape as the backdrop to our lives; it is easy to become complacent. Let's hope the favorable publicity brings new visitors to the area.

Save the dates for Haworth Festival this month. It all kicks off on June 29th. The programme wasn't finalized when we went to press but you can check online at [www.haworthfestival.org.uk](http://www.haworthfestival.org.uk) for further updates. The opening reception is being held in conjunction with Haworth Cinema at West Lane Baptist Church and will be an Asian/Anglo themed party in keeping with the featured film The Best Exotic Marigold Hotel. Have a great month.



Liz Barker

*Liz*

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*Say you saw it in the Worth Valley Mag!*



## Local charity Lilies of the Valley

runs a drop-in centre at Number 72 Cavendish Street, Keighley, and opened it's doors in September 2009. Established by a group of individuals from different local churches, our vision is to love, serve, value and equip potentially isolated members of the community.

Our 'Loving Mums' sessions welcome mothers and their pre-school children into Number 72.

We serve homemade refreshments, the children play with good quality toys and the Mums can take some time out in a warm and safe environment.

We are a 'listening ear', and where appropriate we signpost people to other agencies in the town with whom we are connected. In addition to this we offer courses on topics such as money management; healthy eating and music and movement for children.

Our 'Practicing English' sessions for both men and women include one to one English tuition; group work and help with letter writing and form filling.

All of our sessions, refreshments and courses are completely free of charge. Sometimes it is the simple things in life that can make a difference to someone's day: a warm welcome; a cup of coffee on a comfy sofa; a listening ear or the ability to

speak enough English to make a doctors appointment - things many of us perhaps take for granted.

Donna has two young children: *"I used to stay at home and felt very lonely. I lacked the confidence to go to toddler groups and because I live on a low income I struggled to find places to take the kids. Number 72 is welcoming and the people who work here really care."*



Mum of one Trisha says: *"meeting others here has helped my confidence as a mum grow and it gets me out of the house. My little girl loves mixing with the other children"*.

Over the past three years we have seen cultural barriers crossed and lasting friendships formed. We are staffed by a dedicated team of volunteers and rely on donations; fundraising and grants to keep the centre open.

Our future aim is to expand our work to include other groups such as young mums, and to promote community cohesion throughout Keighley.

If you would like to know more about us please get in touch. Drop in and see us; phone us on 07505 030758; visit our website [www.liliesofthevalley.org.uk](http://www.liliesofthevalley.org.uk) or find us on Facebook.



To advertise call us on 01535 642227

If you've invested in a digital camera, but don't feel to be getting the most out of it, improve your results by investing in a little bit of

## Photographic Tuition



Paul Barker is a professional photographer with almost 25 years experience working for the UK national media and international news agencies. More recently you may have seen his work in the Haworth Calendars.

"Everyone has got a few great pictures in their collection, but when I ask them to be really honest, most come clean and say that they are 'happy accidents', where everything looked great and the camera behaved itself."

For every brilliant snap, there are dozens of failures, but it doesn't have to be like that. A little knowledge goes a long way to helping overcome more difficult situations, and a few simple tips about composing and framing can make all the difference between a snapshot and a great picture."

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## WINED & DINED with Claire Smith from No.10 The Coffee House



June brings an abundance of flowers. Our hedgerows are wreathed in garlands of wild roses and honeysuckle, and our gardens have

become a tapestry of colour – roses, lavender, geraniums – a bounty of fragrant floral flavours that reflect the spirit of summer. Throughout history flowers have been used in the preparation of food. Rose petals can be used to flavour cakes, creams and jellies, in confectionary and to make rose petal jam. The marriage of the sweet summer strawberry and the rose is one of the most harmonious of all summer partnerships; first the sweetness of the strawberry bursts in the mouth and just as it begins to melt and soften the flavour of the rose drifts in to combine with the strawberry, taking the taste-buds to another level.

Roses, lavender, violets, poppies and clouds of sweetly scented elderflower can also be made into cordials and syrups with which to flavour ice-creams, soft-drinks and champagne or sparkling wines. A couple of teaspoons of lavender syrup in champagne makes a refreshing summer drink and what could be nicer than bottles of homemade cordial to take on a summer picnic.

Salads may be garnished with the edible flowers of borage, nasturtium, heartsease, pansies and marigold. Not only do these floral embellishments look beautiful but they are also known for their healthful properties. The nasturtium for example

is valued by many for its tonic effects. The leaves and flowers when taken in salads will boost the condition of skin, hair, nails and eyes and can even counter the onset of flu and colds.

Jasmine and hibiscus flowers can be used to flavour poultry and fish dishes – red mullet, for example, works very well with jasmine.

The flowers of the rose, lavender, camomile, jasmine and elderflower are popular choices in the preparation of teas and tisanes. China black tea infused with rose petals provides a delicately scented, aromatic brew that speaks of English summertime. Camomile is said to be effective against neuralgia, migraines and fever pains and meadowsweet helps combat flu and influenza. Verbena aids digestion and lime blossom has antispasmodic and sudorific properties.

Ice-cubes scattered with borage flowers make a fragrant and beautiful addition to a summer punch or cocktail. When eating al-fresco this summer choose a corner of the garden that is sunny and scented; set up a small garden table and chairs and use cushions covered in faded floral prints to provide a vintage feel that is quintessentially English and reminiscent of summers past. Adorn your table with a vase of freshly cut flowers - roses in full bloom, peonies from the garden - and use herbs as foliage. Take tea outside – freshly made scones, warm from the oven, with clotted cream and rose-petal conserve, a cup of delicately fragranced rose petal tea [perhaps in a china cup patterned with full-blown English roses]. Sit back and luxuriate in sunshine, birdsong and the peace of a truly British summertime.

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Haworth's 1940's Committee members toast to a successful 2012 event. From left: David Evans, Rev. Peter Mayo Smith, Caroline Rose, Robin Jackson, Peter Hill, Chris Upton, Nikki Carroll.

## *Cheers to the local community that made the 1940's weekend a success!*

As reported in the press earlier this year, the Haworth 1940's weekend event that historically takes place in May every year was at risk of being cancelled.

A community meeting was held and those present, including traders and local people, asked if Chris Upton, the West Lane Baptist minister and a recognised community leader, would take charge of the event and put it on a different footing for the benefit of the whole community going forward.

With that in mind Chris put a team together and set about pulling the event in to shape in record time. The formation of a new non-profit enterprise, Haworth Community Group Ltd. was formed to cover the risks associated with putting on an event of this scale. The focus of Haworth 1940's weekend was also shifted to contributing to local community groups and associations in the Worth Valley and raising money for charity in addition to the vital trade local businesses rely on as a consequence of the swell in visitors to the

village. Incorporating the community and showcasing Haworth to visitors was an agreed objective, and judging from the feedback, the event was very successful indeed. Another key objective was to manage the traffic and overall safety of all participants. The feedback from the emergency services has been mainly favourable and a detailed debrief will take place in the weeks ahead to take on board any lessons learned.

Over £10,000 was raised for the national charity Help For Heroes and an equal amount was raised for a number of local groups and associations who were able to participate.

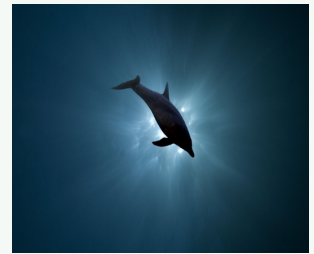
The committee were keen to acknowledge a significant amount of good will and support from local people and business owners in the Worth Valley and beyond, without whom the event would have failed. Further meetings will be held to gain feedback for next year's event and all are welcome to email Nikki Carroll with any further thoughts [firthsofhaworth@hotmail.co.uk](mailto:firthsofhaworth@hotmail.co.uk)





photos by  
paul@paulbarker.com

# Professional photography can boost y



They say a picture paints a thousand words and if advertising is anything to go by, this does appear to be true: photographs 'sell'. A well-taken photograph can entice us into buying certain must-have products or visiting dream holiday destinations. How many of us choose our holidays based on a picture of a cosy lounge with a real fire or a particularly stunning view? And, why else do magazines feature photos of the latest 'must have' handbags and home accessories, if not to make us want to buy them?

Professional photography can be of real benefit to entrepreneurs selling anything from jars of jam to a dream vacation. Local photographers, Richard and Angie Aspinall, of Aspinall Ink, offer commercial photography at very reasonable rates – and they can also help small businesses with managing their online presence too. Aspinall Ink is particularly proud of working with Yorkshire businesses and helping them to gain greater exposure. Their most regular client is celebrated Haworth-based furniture designer Anthony Hartley.

Anthony's amazing designs and Richard's photographs have featured in a range of publications, including *Homes & Gardens*, *Elle Decoration*, *The Independent* and design magazines as far afield as Greece and China. Richard produced posters and postcards for Anthony's exhibition at the prestigious TENT London event in 2011; an exhibition which has secured Anthony's rightful place as 'the one to watch' in the design world.

"I think Aspinall Ink provides the complete package," says Richard. "We can provide commercial photos of products, interiors and food. We write copy and can offer website design and PR too," he added. Aspinall Ink works in partnership with a range of public relations companies to promote local businesses, and Richard is currently working with Bradford-based company Break the Seal and together they are offering a package of bespoke photography, website design and PR for

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# t your business

Yorkshire restaurants, bars and cafés. Aspinall Ink is happy to feature sponsored posts on their blog, promoting ethically produced food, local produce and lifestyle products in keeping with the interests of their readers: food, travel, days out and gardening.

In addition to photography, Richard writes for magazines about wildlife, nature conservation, marine life, food and travel and is available for commissions. He also has an impressive portfolio with images available to buy as high quality canvas prints from the website.

Richard is also a professional underwater photographer, equally at home shooting dolphins abroad or babies in the local pool.

Aspinall Ink is available for a range of commissions and direct sales of prints and images. They're friendly, Yorkshire folk so feel free to contact them to discuss ideas.

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# Alter Egos sets the scene for cooperative



Tony Wright of Oldfield Press with Ben Barr of Alter Egos in Haworth

The gallery, which Ben plans to open 09:00 - 18:00 every day, will be a mix of traditional and modern work, with plans already in place for both a contemporary art installation and a traditional printing press workshop orchestrated by Tony Wright of Oldfield Press. The electronic installation will be a piece of work around the theme of film and television by local artist and film maker Danny Hardaker of Clockwork Eye productions.

**H**aworth is getting its first Tattoo & Piercing studio! This month the lower shop unit on Bridge House Lane which has been empty for some time has been getting a full refurbishment before re-opening as an Arts Gallery and Tattoo & Piercing Studio.

The new proprietor, Ben James Barr has always been creative, with an interest in all mediums of the arts, especially tattooing. His vision for the building is that it will become a hub for the creative arts locally. He has good links with a number of local arts organisations including the The Artistic Off-Licence and Haworth based arts groups, and is planning to offer a unique exhibition space to local artists and bands, allowing them a low cost way of getting their work seen, heard and sold.

The Tattoo studio will be in a separate space, and there will be an in-house tattoo artist and piercer (Frankie I - Electric Art) who will be taking bookings through the week, and available for walk-ins on weekends. Alter Egos & Electric art are open to enquiries from other tattoo artists & Piercers who may be looking for some space to work.

When Ben first had the idea for his new venture he was unemployed, having tried his hand at a number of different careers. He mentioned his idea to his employment adviser, and was referred to both the Princes Trust, and to the New Enterprise Allowance programme. The NEA gives clients the opportunity to plan their business while still claiming Jobseekers allowance, and then transfer onto the



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## arts IN WORTH VALLEY

allowance when they are ready to start trading. They then keep some benefits for the first 6 months of their business, which makes the transition from unemployment to self-employment that much easier. Clients are also required to work with a mentor for those first 6 months, to help them iron out any difficulties as they crop up, and benefit from the mentor's experience.

After some business planning workshops, Ben met with his mentor, Kickstart Enterprise coach Candy Squire-Watt, and together they looked at marketing and publicity for the new venture as well as talking over finance and projected income levels. Ben says 'The coaching and support have been invaluable and have helped ensure I've thought about potential problems before they arise, they provide a sounding board for my ideas, and now I'm really looking forward to opening the doors and getting my business off the ground!'

Ben is interested in hearing from artists in all mediums, including design, photography, film and music, who would be interested in exhibiting in the gallery. For further details please contact Ben James Barr on 07412815997 or email alteregos@hotmail.co.uk. You can also log on to facebook and look for Alter Egos & Electric Art - Haworth.

**For further information about starting your own business please see [www.bradfordkickstart.com](http://www.bradfordkickstart.com) tel: 08009539503 or [info@bradfordkickstart.com](mailto:info@bradfordkickstart.com). Kickstart is part-funded by the European Regional Development Fund**



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Faced with legally binding commitments to reduce carbon

emissions, there is a pressing need for the UK Government to ensure that housing stock is improved from an energy efficiency perspective.

As a consequence of this, The Green Deal, a government initiative to facilitate the reduction of carbon emissions, has been devised to assist residential and commercial properties. Local business, Therma Property Improvements Ltd., is gearing up to provide an array of Green Deal services through [thegreendealhub.co.uk](http://thegreendealhub.co.uk).

**The aim of Green Deal** is to encourage home energy efficiency improvements to be paid for by savings from energy bills. It will also apply to commercial premises.

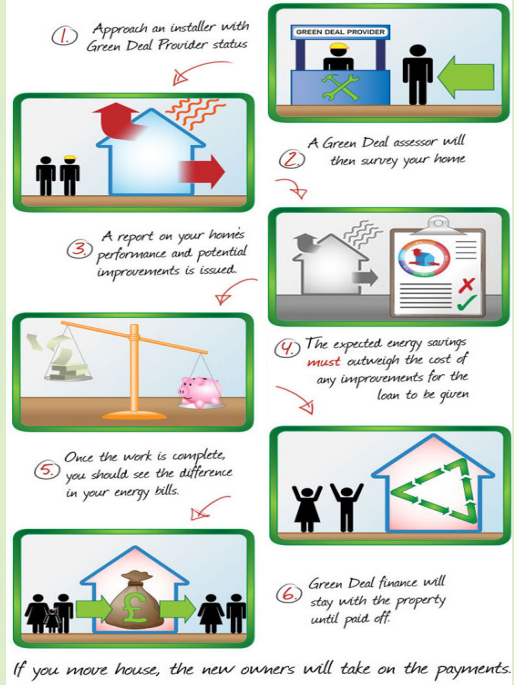
**It is a pay as you save scheme whereby Green Deal Finance customers get money up front to make the required energy efficiency improvements.**

### The Golden Rule

The fundamental of Green Deal Finance is the so called Golden Rule. This is that the installment payment for energy saving measures must not exceed the potential associated cost savings for the property based on an average bill for the duration of the Green Deal. This could be for as long as 25 years. On a change of occupier, the obligation to make the repayments passes to the new bill payer.

### How will Green Deal Finance Work?

Under Green Deal Finance private firms like Therma Property Improvements will offer consumers energy efficiency improvements at no upfront cost and recoup payments through a charge paid by installments on the energy bills. Consumers will be able to see the Green Deal charge alongside the reductions in energy use which generates savings on their bills. On a change of bill payer then the next bill payer takes over.



There will be a system of Green Deal providers who offer a Green Deal plan to customers enabling them to finance work recommended by an accredited advisor and undertaken by an accredited installer. Therma Property Improvements with [thegreendealhub.co.uk](http://thegreendealhub.co.uk) will work with a consortium of accredited businesses to meet the needs of the local consumer.

### What measures can be carried out under the Green Deal

There will be a list of approved measures eg. loft insulation, cavity wall insulation, replacement boiler etc. The initial property assessment will decide which are suitable for the particular property.

**It is still early days for the scheme which is due to launch in October, but we will publish information related to The Green Deal in the months ahead as details unfold. In the mean time, contact Paul Calvert from Therma to learn more. 01274 214557 or 07541 368702**

# Haworth Festival

Opening Reception at West Lane Baptist  
Friday, June 29th 5:30pm-7:30pm



*Art, Music, Food, Film, Drama, Dance*

followed at 7:30pm by the screening of  
**The Best Exotic Marigold Hotel**  
£3 adults £1 children for the film

**Reception party FREE** (All Welcome)

more details: [www.haworthfestival.org.uk](http://www.haworthfestival.org.uk)

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**Haworth Cinema**  
at West Lane Baptist Church

Friday 1st June at 7.30 pm cert PG  
**THE ARTIST**

Saturday 2nd June at 3.00 pm cert U  
**PUSS in BOOTS**

Friday 15th June at 7.30 pm cert 12A  
**THE WOMAN IN BLACK**

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**Bronte Fly Fishing and Spinning Club**

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Holden Hall can be booked for private parties, dances, meetings, table top sales, commercial use, fitness groups and much more. It is available daytime or evening, weekdays or weekends, and what's more if you book it through the newly formed Holden Hall Users Group, (otherwise known as HUG) you could get the hire at a discount rate. HUG is run by local people to promote Holden Hall and to work with Bradford Council in making it an integral part of the local community,

For more information about HUG, to enquire about or make a booking, or for details on becoming a volunteer, find us in the Community Pages on the Oakworth Village Community website at [www.oakworthvillage.com](http://www.oakworthvillage.com). We will also be open all day on Oakworth Gala Day on 7th July for



anyone who wants to pop in for a free tea or coffee and have a look around the hall and talk to some of the volunteers already involved in running HUG, and keeping Holden Hall for the people of Oakworth.

Phone Holden Hall directly on 01535 644197 and speak to Julie

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# Wild about Wildflowers



Children from Oakworth Primary School get into the spirit of Jubilee celebration and community action with The Friends of Holden Park

The Royal Horticultural Society - Britain in Bloom, supplied wildflower seed to celebrate the launch of the Royal Horticultural Society's Britain in Bloom campaign for 2012, and in celebration of the Queen's Diamond Jubilee. Along with thousands of groups around the UK, eight children from class one at Oakworth Primary School, accompanied by a member of staff, and several of the volunteers from the Friends of Holden (Oakworth) Park, sowed wildflower seed to boost biodiversity in 2012. A plot of land was allocated to the west of Holden Park woodlands, the seed was planted in six circular areas, within a half moon shaped area. The intention is to add further wildflower plants to this prepared land. On the east side of the plot are thriving sapling trees planted previously in April 2008 by a group of children from The West Yorkshire Home Education Group.



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*Say you saw it in the Worth Valley Mag!*



Photo courtesy of Welcome to Yorkshire

A magical garden, inspired by a familiar local landscape and the famous sisters who seem to inhabit the very air we breathe here in the Worth Valley, has swooped two coveted awards at the Chelsea Flower Show this year.

Welcome to Yorkshire, the tourist agency that works 24/7 to spotlight God's own county throughout the land, organised the garden and worked closely with Leeds designer, Tracy Foster, to bring home the gold that is the Royal Horticultural Society gold medal. The enchanted Bronte garden went on to win the People's Choice award as well, the gratifying result of over 11,000 folk giving the garden a thumbs up.

Simply over the moon, Tracy enthused,

*“My first Chelsea and I get gold, it doesn't get much better than this! I'm so proud of what we have achieved. I hope the high profile medal inspires more people to come to Yorkshire to see for themselves the landscape that brought gold to the garden.”*

Fortunately we don't have to wade through the crowds at Chelsea to experience the beauty that is captured in this award winning garden.(pictured above) A short walk from Haworth out along the path that leads to Top Withens will take us across the Bronte Bridge that evokes such strong emotion.



Photo courtesy of Paul Barker

Stanbury photographer Paul Barker captured the same idyllic landscape in black and white when he took this photo of his children crossing the bridge hand in hand (above). Indeed, many local people will have picnicked by the river or walked further to the famous locations described in the Bronte novels.

Perhaps it is too easy to become complacent about the splendor that surrounds us? And the literary giants that trod the very paths we beat are often overlooked and undiscovered because of their nearness.

It is refreshing to have a reminder from our Southern friends just how good it is up North.



Photo courtesy of Welcome to Yorkshire

**Welcome to Yorkshire chief, Gary Verity, and garden designer, Tracy Foster accept the highly prized Gold Medal Award at The Chelsea Flower Show in May.**

# TOP TECH TIPS

by Michelle Thompson at Cloudfree IT

## Love Computers? Hate Webcams!

It's a Godsend being able to work at home when I need peace, quiet and solitude in which to think my way through a tricky problem. If I get fed up of the lack of human interaction I can use a webcam to talk with my colleagues.

Sadly, talking face-to-face across the ether is not really my idea of a good time. Is it because actually deep down 'I want to be alone'? Hmm, maybe, sometimes... [And there may be one or two people who might like to deposit me on a remote Scottish Island one week in four]. With my 'significant other'/business partner working out of town quite a lot and most of my family living 30+ miles away, you might think I'd be just the sort to make heavy use of webcams. Nope!

Having discussed this 'failing' with my teenage sons it appears I might have slipped onto the wrong side of the generation gap, probably while I was making a phone call to HMRC and concentrating on not getting trapped forever in their Labyrinth-like auto-attendant menus. Oops!

My excuse? Eye contact; or rather the lack thereof. It's like the person I'm talking to isn't paying attention. If I look into the webcam I'm no longer looking

at them. If they try looking into the webcam I know they're not actually looking at me on their screen anymore. And I can see myself too. Ugh! It's just too weird!

Google 'Webcamophobia' and you'll see I am not alone.

Kids don't have a problem with speaking to someone who looks bored out of their wits and is staring down at their keyboard. So much effort goes into hiding their eyes anyway (under all that hair!). My youngest son says it's creepy when the other



person does look into the webcam. See the Creepy Weirdo clip used by Russell Howard <http://youtu.be/bhuYlr1J1zc> to get a feel for what he means.

All I can offer fellow 'webcamophobes' is the following advice.

Try sitting further away from your screen. Position the video-chat window and your webcam as close together as possible. Or why not have a go at building yourself one of the gadgets in the pictures – just two mirrors, some thick cardboard and a load of gaffer tape!

I feel a bit of a Blue Peter style DIY session, just so's I can wind the kids up with Creepy Weirdo faces! In 2007 Apple filed a patent for a screen embedded webcam, so someday they'll 'fix for me' properly. Til then Up-Periscope!

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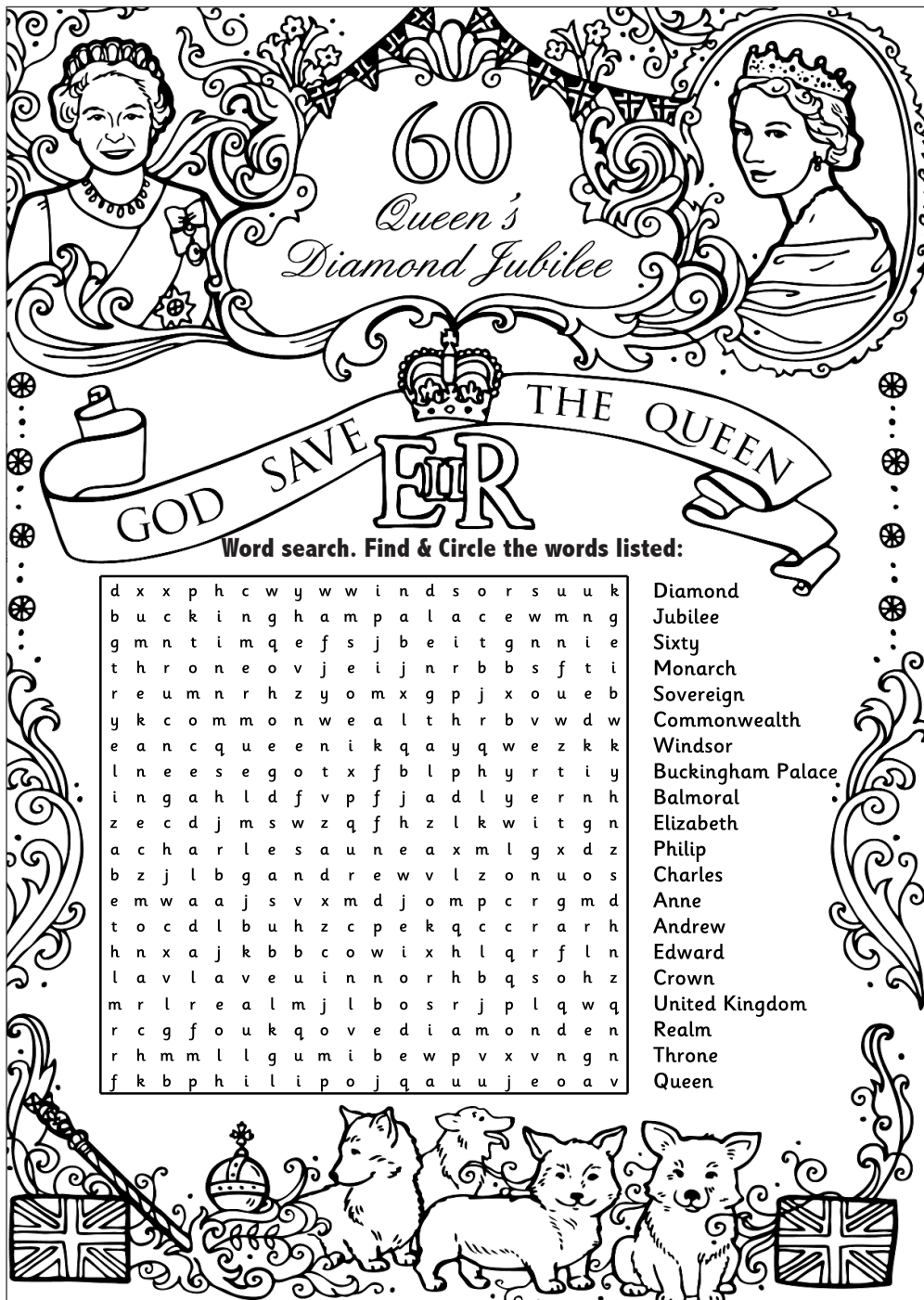
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# Where in the Worth Valley? **COMPETITION**

Can you identify the building or landmark indicated by the red cross in this photograph?

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Last month's winner was Jayne Waddington. The correct answer was Drop Farm tea rooms. Jayne wins a 2 hour clean from Arkwrights Google Earth ©



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Say you saw it in the Worth Valley Mag!

Do you enjoy reading? Would you like to join the Worth Valley Book Group? We meet at the Old White Lion, Haworth, at 7.30pm on the first Wednesday of every month. You will be very welcome. June's book is 'Lady of the Rivers' by Philippa Gregory. Contact Judith on 07951441585.

**Every Tuesday** at Oakworth Methodist Church Over 60s Lunch Club 12:15p.m.. Lunch includes freshly made dinner ,pudding , tea and biscuits for £3. A warm welcome is offered to all. Ring 01535 642039 for more details or to reserve a lunch.

**Thursday 3 May - Thursday 20 September** Costumes from Jane Eyre 2011: An exhibition of the Oscar-nominated costumes from the 2011 film adaptation of Jane Eyre, displayed in the period rooms of the museum Bronte Parsonage Museum - Daily - Free with admission to the museum.

**Saturday 2nd June** HM Queen's Diamond Jubilee Celebration, 12pm, Holden Park, Oakworth. For more information call Jackie McGinnis 01535 543849

**Sunday 3rd June**-Haworth Storytelling Festival. Ferndean Manor, Scar Top, Haworth Tall tales, book readings, poetry, live music, art fair, craft activities, open mic and many more stalls. For more information go to [www.haworthstorytellingfestival.co.uk](http://www.haworthstorytellingfestival.co.uk)

**Sunday 3rd June** Traditional Sunday Lunch on a steam hauled train. Sunday lunch on the Keighley and Worth Valley Railway. For bookings call 01535 645214.

**Sunday 3rd June** Queen's Diamond Jubilee Community Picnic, 12.30pm-3.30pm Oxenhope Community Centre Bring your own food and drink. Dress in red, white and blue and come and join your friends to celebrate this occasion in a street party atmosphere.



There will be bunting, balloons, and hopefully impromptu musical performances from fellow villagers. Free transport is available for people who would struggle to walk to the event - contact Hazel if transport required on 01535 645358.

**Monday 4th June** Jubilee tea and cakes 11am-4pm, Haworth Church, Church Street, Haworth. Tea, coffee and homemade cakes will be being served in St Michael and All Angels Church, Haworth to celebrate the Queen's Diamond Jubilee and to raise money for the Haworth Church Restoration Fund.

**Friday 8th June** An evening with Ian Dewhirst, 7.30pm St James' Church, Crossroads. Popular local historian Ian Dewhirst will be giving another of his very popular evening talks. 'What our grandparents did for fun' tickets £6 including refreshments tickets can be pre booked by calling Mrs K Stevens 01535 644231

**Friday 8 June**-Dickens and the Brontes: Heritage Authors: 2pm West Lane Baptist Centre, Haworth To mark the 2012 Dickens bicentenary, Professor Michael Slater explores the connections of Charles Dickens and the Brontes. Tickets £6 and should be booked in advance from [jenna.holmes@bronte.org.uk](mailto:jenna.holmes@bronte.org.uk) 01535 640188.**Saturday 9th June**, Haworth Cat Rescue Table Top sale, West Lane Methodist Church. 11.00am-3pm. Another table top sale to raise funds for Haworth Cat Rescue. Entry is 30p and there will be something for everyone including Bric-a-brac, books, a tombola and delicious refreshments.

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# ITY PAGES

For more information please email [Corinne.moore@haworthcatrescue.org](mailto:Corinne.moore@haworthcatrescue.org)

**Saturday 9 June** Origin and Slavery in Wuthering Heights: 8pm - West Lane Baptist Centre, Haworth A screening of 'A Regular Black, The Hidden Wuthering Heights', a documentary exploring themes of race and slavery in Emily Bronte's novel. Following the screening, panellists Terry Eagleton, Bonnie Greer and Caryl Phillips will discuss the themes. The evening will offer a fascinating new reading of the novel and the audience will be invited to join in the debate. Tickets £12 and should be booked in advance from [jenna.holmes@bronte.org.uk](mailto:jenna.holmes@bronte.org.uk) 01535 640188.

**Saturday 9th June** Groovy Happening Music for Manorlands. 'Country Night' 7.30pm-11.30pm Parkside Social Club, Butt Lane, Haworth Do Miss America, The Rose Bay Willow Band, Foxes Faux, Steve Doolan, The Parkside Line Dancers in between acts and Mick Whitehead on harmonica too. This is going to be an amazing night of locally well known performers. £3 entry.

**Monday 11th until Sunday 17th June** Fair by Local Craftsmen, 10am-4pm upstairs room at the Tourist

Information Centre, Main Street, Haworth. Work includes: Woodwork in exotic woods - boxes, jewellery, pictures, wood turning from new and recycled woods, needlework - aprons, cushions, bags. Paintings by local artist, renovated old furniture and bygone curios and gifts. Admission free.

**Monday 11th June** Stanbury and District WI 'Lady Randy-Winston Churchill's mother' 7.30pm, West Lane Baptist Centre, West Lane, Haworth Returning popular speaker Mrs P Osborne will be speaking on Winston Churchill's mother. Guests welcome.

**Saturday 23rd June** 'Pre Wimbledon Social Afternoon' 2pm Haworth Tennis Club, Butt Lane, Haworth. A fun event with barbeque, drinks, a mini tournament. Free to members and £2 for guests.

**Friday 29th June** Haworth Festival Opening Event in conjunction with Haworth Cinema. 5:30-7:30pm Opening Reception including food, music, art, followed by the screening of The Best Exotic Marigold Hotel, 7.30pm-9.45pm, West Lane Baptist Church, West Lane, Haworth. Festival Opening Reception FREE, Entry to cinema: £3 for adults and £1 for children under 16.

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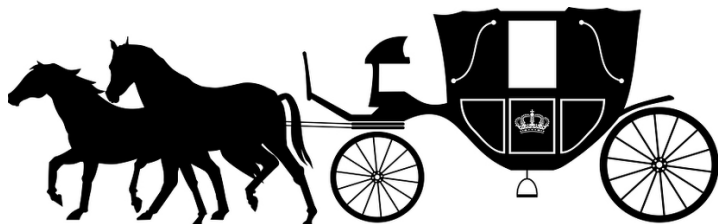
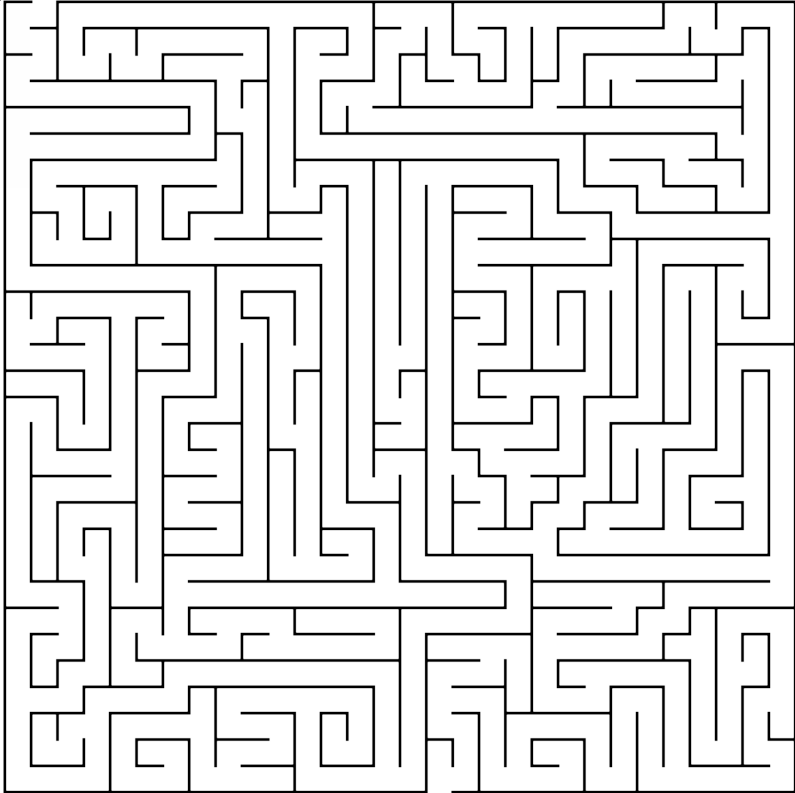
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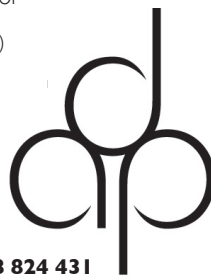


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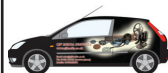
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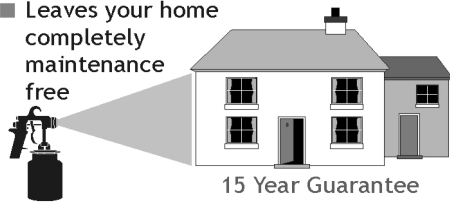
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## Olympic Sudoku



Every row, column and mini-grid must contain the letters  
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Don't guess - use logic.

Solution from pg 30

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A	L	N	I	M	O	S	P	Y
Y	M	I	S	N	P	O	A	L
M	A	S	N	Y	L	P	I	O
O	I	Y	M	P	S	N	L	A
L	N	P	O	A	I	Y	S	M
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## Russell's rustic coffee & hazelnut cake

This is a cake I've made up for Russell, a colleague I bumped in to in the Co-op and who mentioned in passing his fondness for a nutty coffee cake.

It's not a pretty cake, but it does taste grand, if I do say so myself. You will need:

100g + 50g toasted chopped hazelnuts

3 eggs

150g sugar - soft brown, plus 9 tbsps more sugar

100g melted butter

100g - 150 g soured cream - plus the rest of the pot to serve with the cake

2 teaspoons vanilla extract

Some good strong instant coffee powder

300g plain flour

2 teaspoons baking powder

2 tablespoons runny honey

A deepish baking tin (the sort you would make a Christmas cake in), lined with baking parchment or greaseproof paper

An electric mixer is really useful too and you will need a barbeque skewer.

Whip the eggs and the 150g of sugar until thick and creamy. While it's whipping, melt your butter, and then in a separate

container dissolve 2 tablespoons of instant coffee with one tablespoon of hot water. Add the sour cream and the coffee mixture and the melted butter into the eggs and sugar, and mix in well, and then sieve in the flour and baking powder. Just fold the flour into the mix with a spoon, in a figure of eight until it's all mixed in and there aren't any runny bits of coffee left. Put into the baking tin and cook for about 40 minutes at around 150 (fan), gas mark 4-5, or the bottom of the top oven of an aga - it's done when you can put a skewer in and it comes out dry. While it's cooking, wash up and then dissolve three tablespoons of coffee, 3 tablespoons of sugar and the runny honey in about 2 tablespoons of hot water. It should make a thick syrup.

When the cake comes out, before it cools make lots (about 50-100) of holes in the cake with a skewer and pour the coffee honey syrup over the top little by little so most of it goes down the holes. Let it cool a little longer until the syrup has dried to a glaze, and then take it out of the tin and put the right way up, in its paper on a cooling rack.

Finally, put another 6 tablespoons of sugar in a small pan with 2 tablespoons of cold water. Bring to a rolling boil (you'll know what this means when you see it), and let it bubble merrily for a few minutes, but stir occasionally so it doesn't become part of your saucepan forever. Then add the last 50g (or more if you like) hazelnuts and stir well until coated. While this and the cake is still warm, top the cake with the caramelised nuts, and leave as long as you can to cool. I've no idea whether this is better the next day (as many such cakes are) as it's not yet lasted that long.

*Nel*

# Just chillin'

## Providing a stress free environment for your feline friends

As with people, changes in their lives can cause cats to become stressed. Situations that lead to stress are invariably linked to your cat's 'home' environment both inside and outdoors. Haworth Cat Rescue explains some of the causes – and remedies.

Something as seemingly innocuous as buying a new piece of furniture to more obvious causes from the arrival of a new baby, a new cat, the loss of a family member (divorce, death, a teenager leaving home) to dogs coming to the area where you live and - possibly one of the most stressful for both humans and cats – moving house, can lead to stress in your cat.

As well as 'visible' causes of stress which can more easily be identified, there are 'invisible' causes too, possibly incidents that occur unbeknown to. Your cat may have been spooked by a loud vehicle (low-flying aeroplane, reversing beeps etc), frightened by a new cat in the area, or chased by someone or something outside the home. Even washing suddenly flapping on a line might have startled him. Whatever the cause, the first thing to be aware of are changes in your cat that are signs or symptoms of stress. Over-grooming (often resulting in hair loss), inappropriate toileting (spraying and

using corners or doorways and cat flaps where other cats/people come in), hiding (especially in high places, dark places and places covered by a "roof" such as under a bed) and an inability to relax (staring around wide-eyed) are all clear indicators that something is not right and all is not well in your cat's world.

The good news is, there are ways to minimise and manage your cat's stress

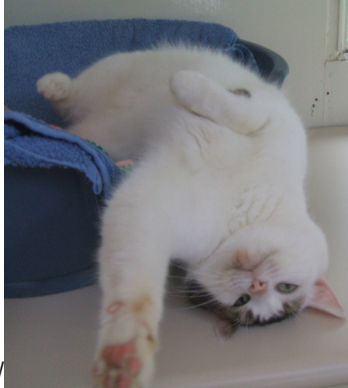
to help him adjust to the new situation or provide the reassurance needed to overcome a negative experience.

A key to starting this process is to give your cat a 'safe place'. At Haworth Cat Rescue we use a covered cardboard box, lined with warm blankets, which has only one access and which is placed on the shelf of the sleeping area of the pen.

You can find your own 'high up' place for this, such as the top of a chest of drawers. Cats like to be 6 degrees warmer than humans, and warmth is very reassuring to a cat – they love lying in the sun and sitting close to radiators. You could invest in a microwave heat pad for your cat. If other pets or a new baby is the problem, then feed the cat away from them and place the litter tray in a safe place, too.

Don't over fuss your cat. Practice slow blinking (don't stare); by closing your eyes you are telling him you don't see him as a threat so he will not see you as one! Remember to be patient and kind...and let your cat regain lost confidence and come to you.

Haworth Cat Rescue is an independent charity which runs a rehoming and adoption service for unwanted and stray cats and kittens. [www.haworthcatrescue.org](http://www.haworthcatrescue.org)



It isn't too difficult to see that this furry fellow hasn't a care in the world

*Say you saw it in the Worth Valley Mag!*



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Plans for the **Cross Roads Gala** are progressing nicely, however help is required with the following:

**1) Marshalls** – The parade route has been amended to meet with the requirements of Metro and Bradford Council. Hopefully this won't detract from the community spirit but to ensure the safety of those participating we require volunteers (over 18 years of age) to offer with the marshalling. Potentially a role which should only involve 1-2 hours maximum commitment.

**2) Setting Up/Clearing Away** – Whilst the Gala looks great on the field, it has to get there first!! Anybody willing and able to lend a hand setting up tentage and moving benches/tables would be most welcome.

**3) Community Stalls** – As always the Village Association sees the Gala as an opportunity for the local groups to promote their activities to encourage membership and support. The VA is once again offering free space on the field to local charity/voluntary groups but needs to know who would like to take up this offer. Whilst some tables are available, we would like to encourage groups to source their own if possible.

**4) Commercial Stalls** – To assist with the income required to cover the running costs of the event it was decided by the VA to accept bookings from commercial providers – obviously as long as they meet the image that we promote.

**5) First Aiders** – As part of the application to hold this event we need to provide adequate first aid cover. If you have any relevant qualifications (or know of someone who has) then we would welcome their assistance.

If you can assist or advise on any of the above then please drop me a line by email or post (c/o 42 Laburnum Grove, Cross Roads, BD22 9EP) as soon as possible. Mark Pullen

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